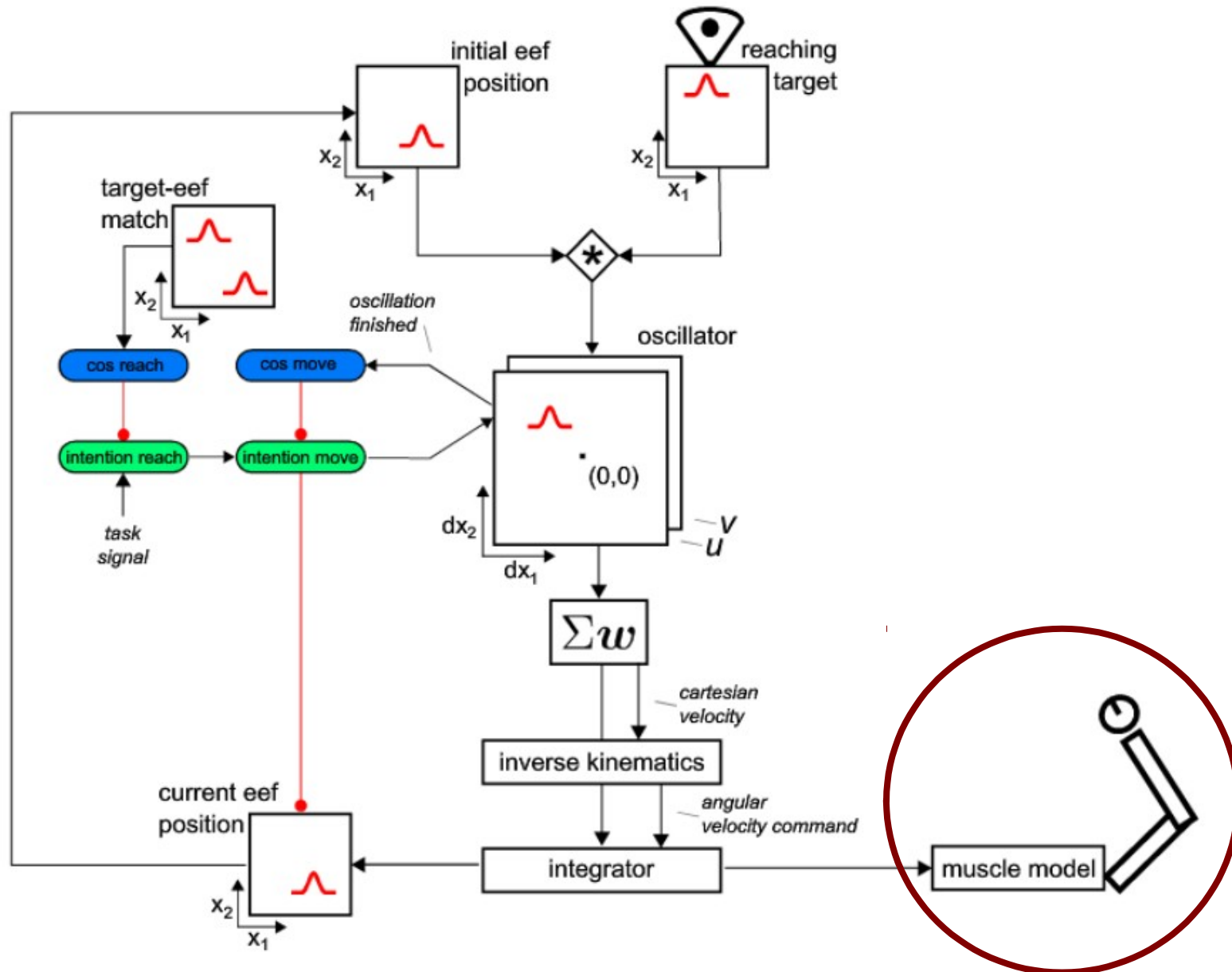


# Motor control and muscles

Cora Hummert

# Jan's Architecture



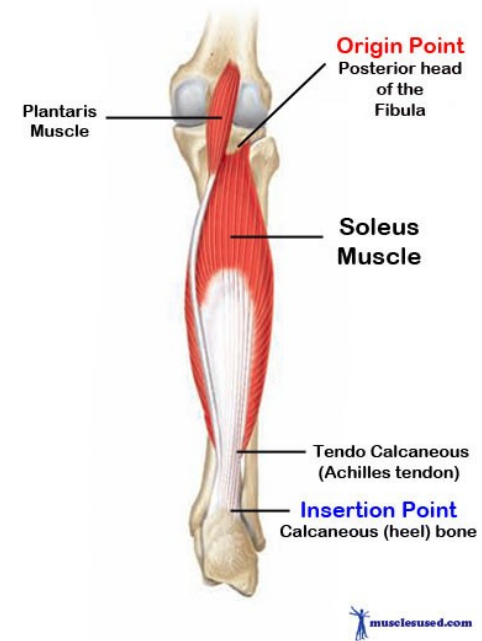
# Motivation

- Conventional robotic control:



- No posture problem
- High stiffness

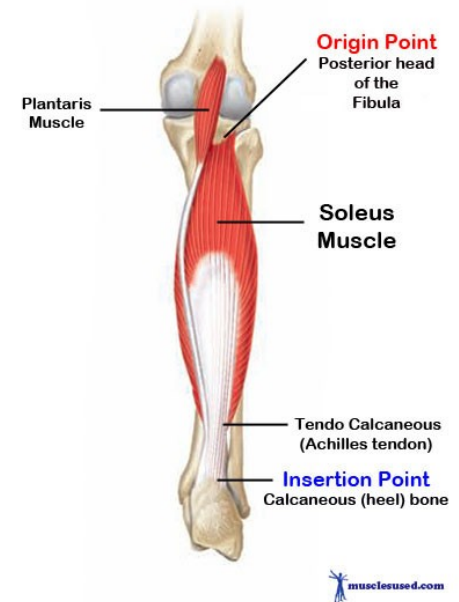
- Human motor control:



- Force generated by muscles with low stiffness

# motor control with muscles

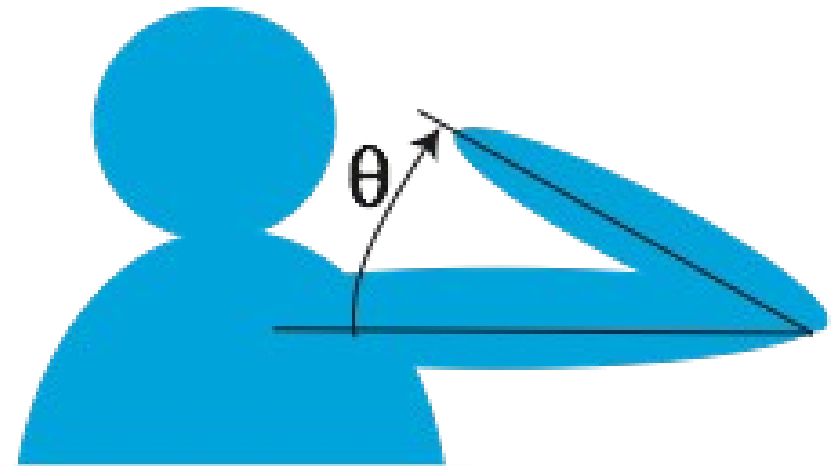
- Force generated by muscles with low stiffness
- Muscles consist of tendons, muscle fibers, ligaments, ..
- Spring-like properties



- Forces from Gravity, inertia, interaction torques

# Posture

Posture of the elbow joint with the arm in horizontal position

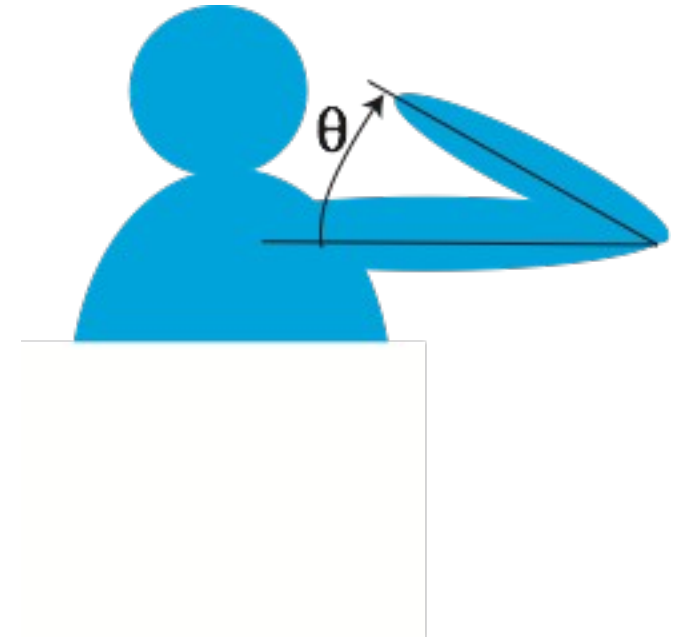


# what about the elbow is “controlled”?

- the elbow does not behave like a passive mechanical system with a free joint at the elbow:

$$J\ddot{\theta} = 0$$

- Instead, the elbow resists, when pushed  
=> there is active control = stabilization of the joint



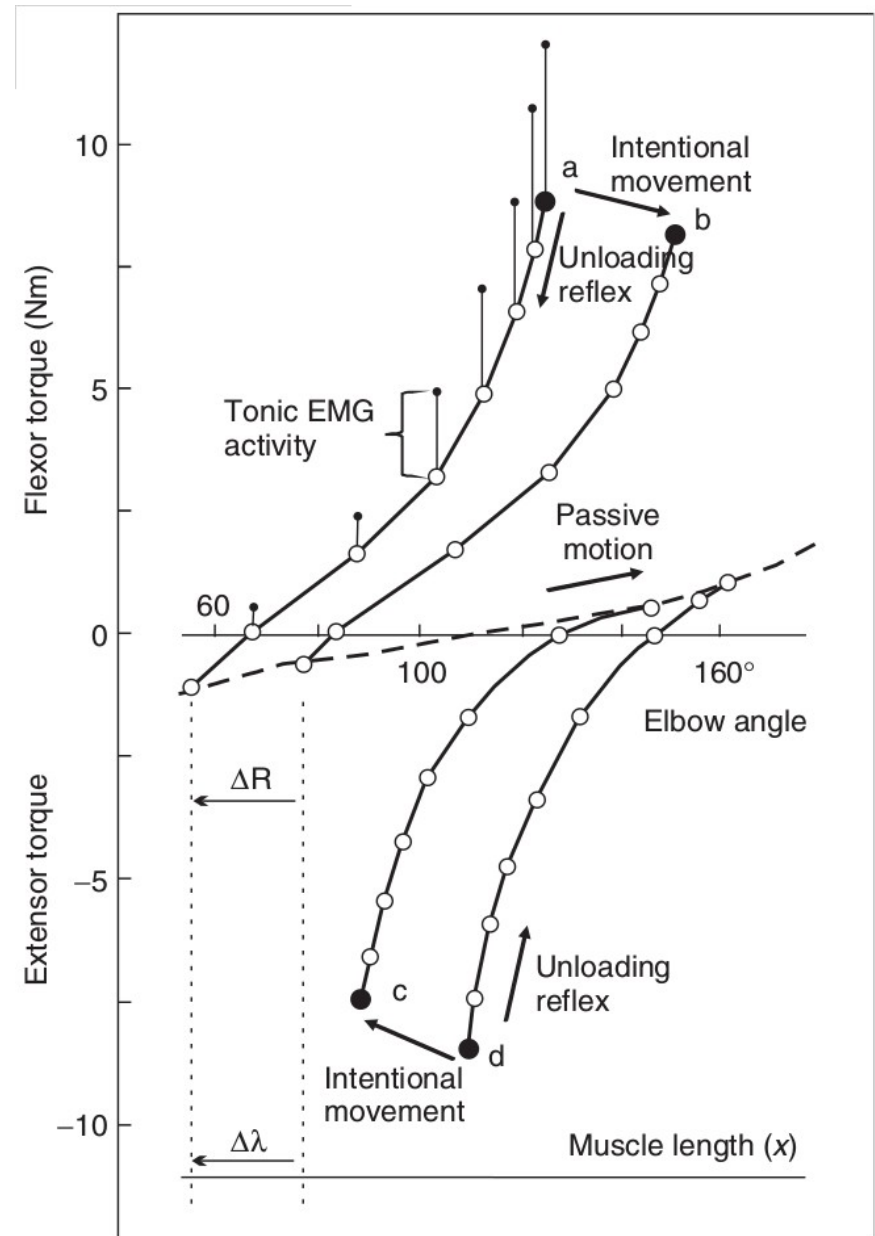
→ Volunteer?

# The mass spring model

## The invariant characteristic

– macroscopic description of this stabilization found by A. Feldman

- Torque-angle characteristic from each EP merges with passive joint characteristic



# the mass-spring model

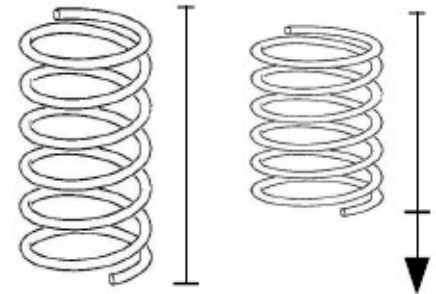
## Muscle as a spring

- elastic force (because it is proportional to position)
- viscous component (resistance depends on joint velocity → Golgi cells in tendon)

$$J\ddot{\theta} = \text{[red box]}$$



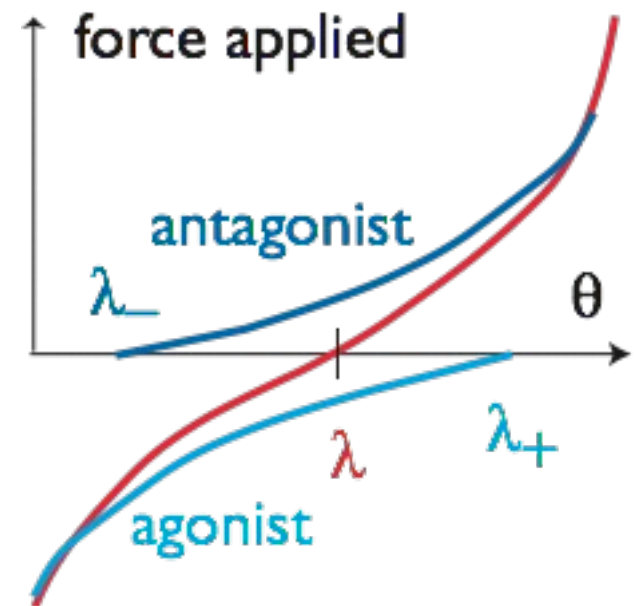
active torques generated by the muscle





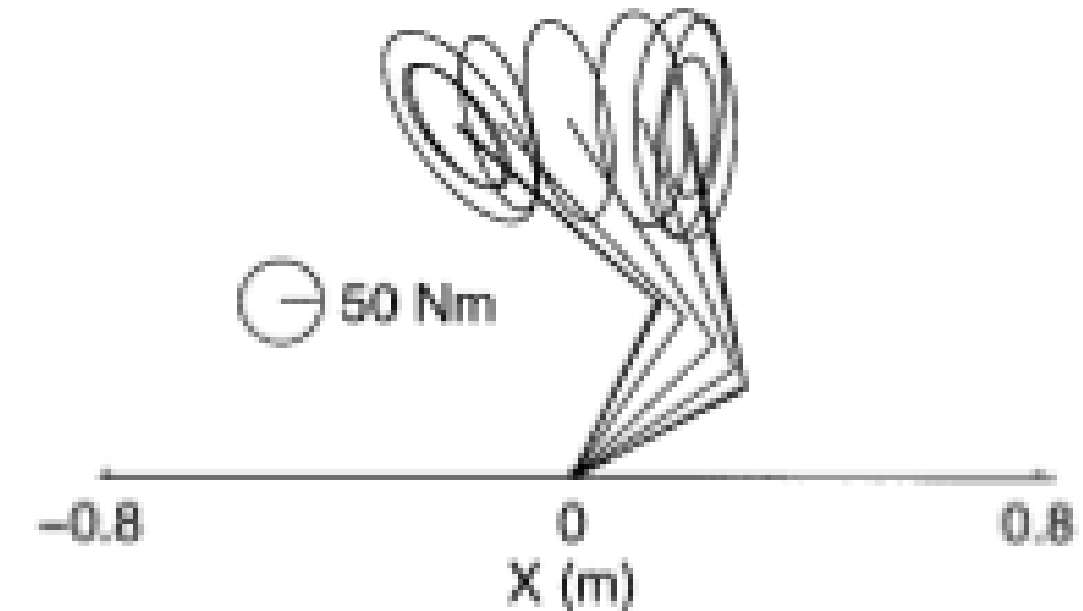
# agonist-antagonist action

- one lambda per muscle
- tested on muscles detached at one end
- co-contraction controls stiffness



# stiffness

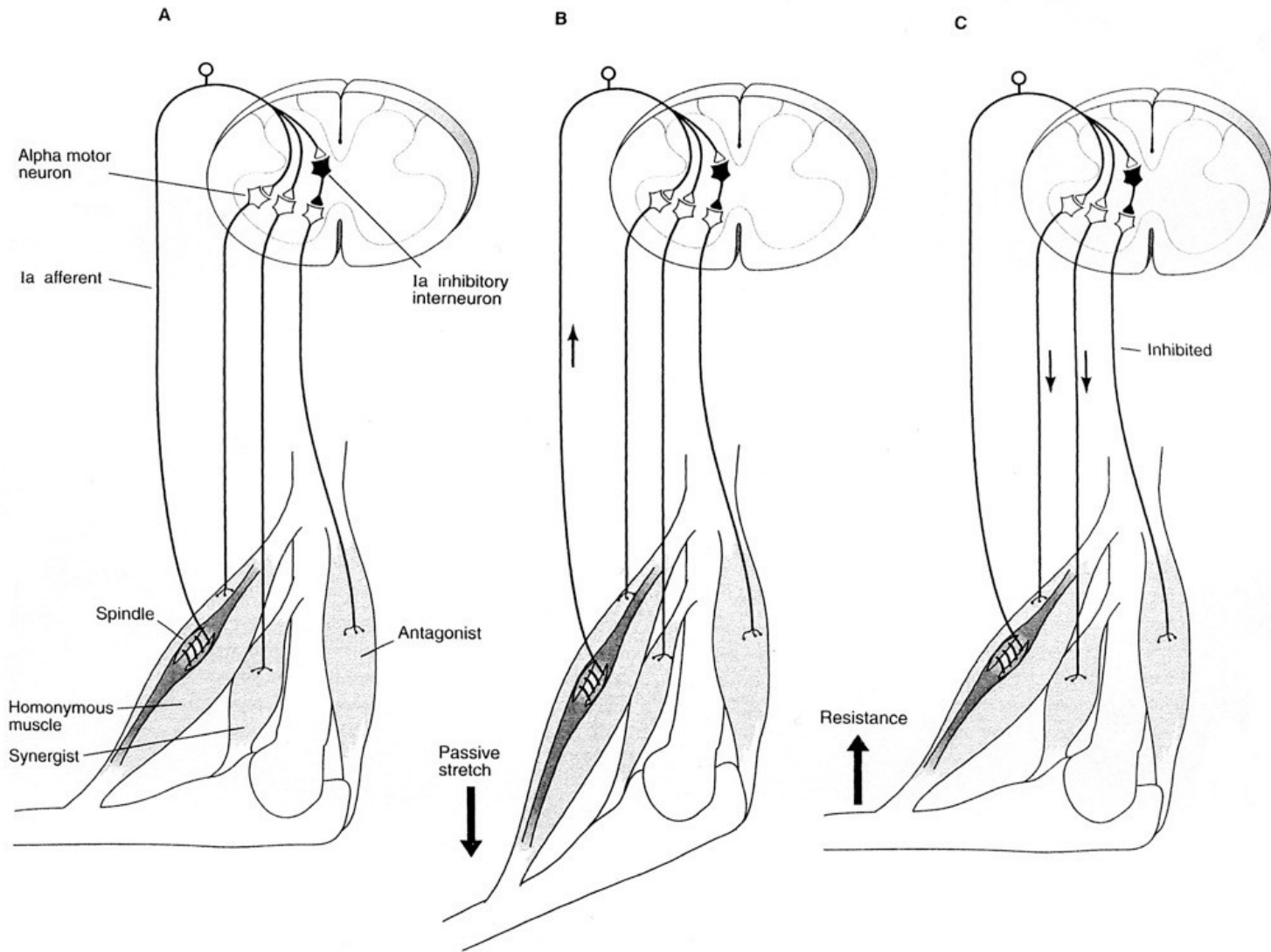
- the stiffness,  $k$ , can be measured from perturbations
- the viscosity “ $\mu$ ” is more difficult to determine



$$J\ddot{\theta} = -k(\theta - \lambda) - \mu\dot{\theta}$$

# neural basis of EP model: spinal reflex loops

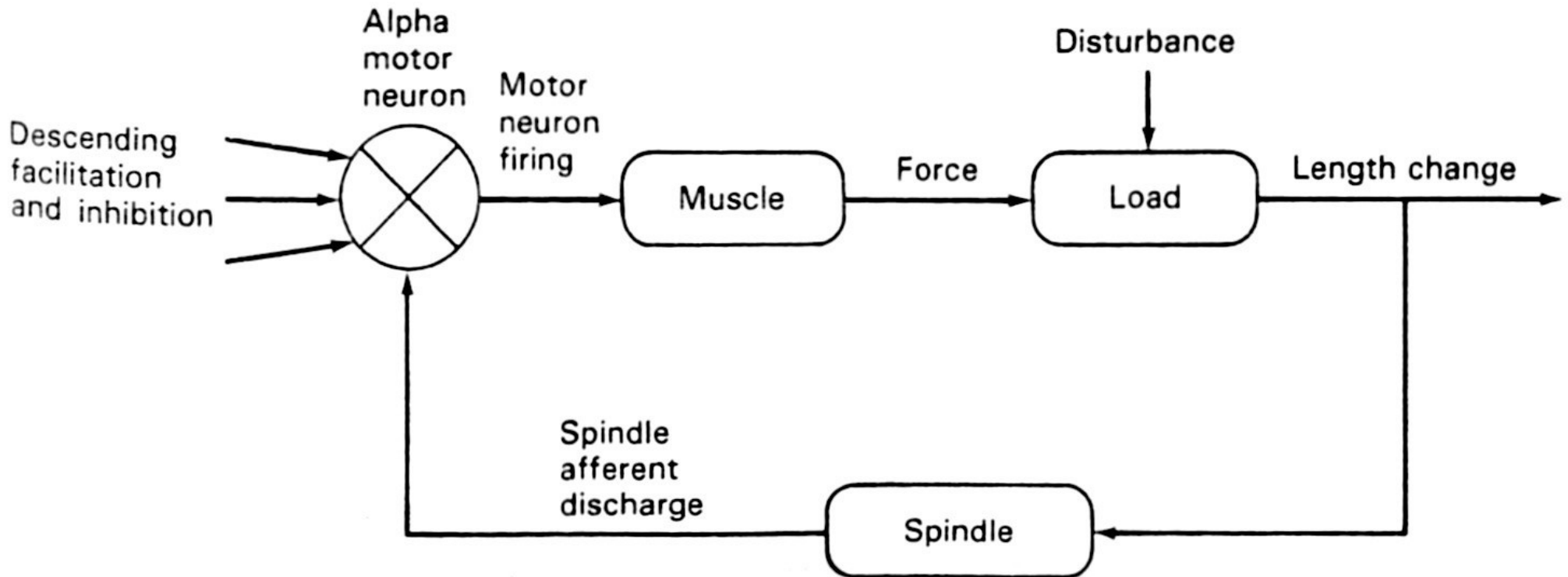
alpha-gamma  
reflex loop  
generates the  
stretch reflex



[Kandel, Scharz, Jessell, Fig. 37-11]

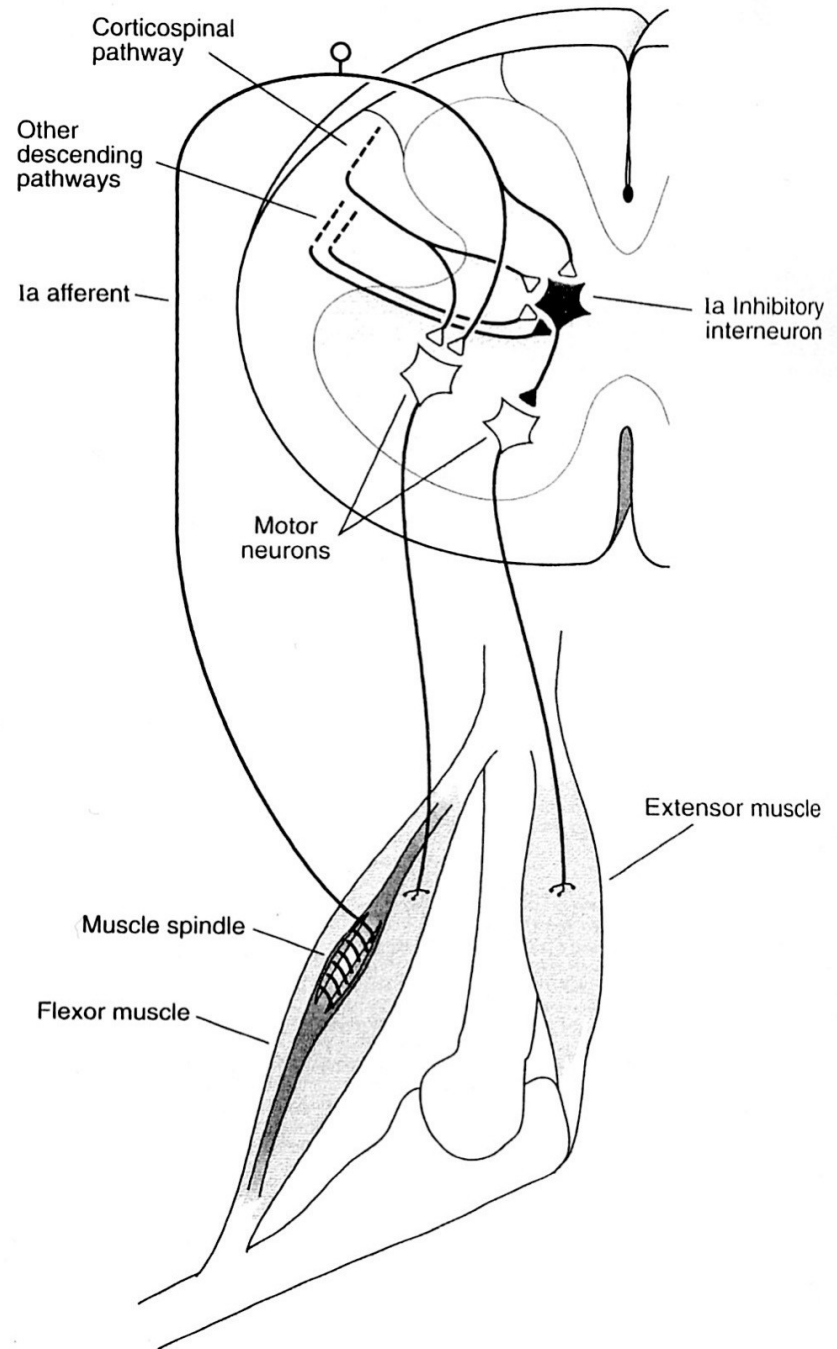
# spinal cord: reflex loops

The stretch reflex acts as a negative feedback loop



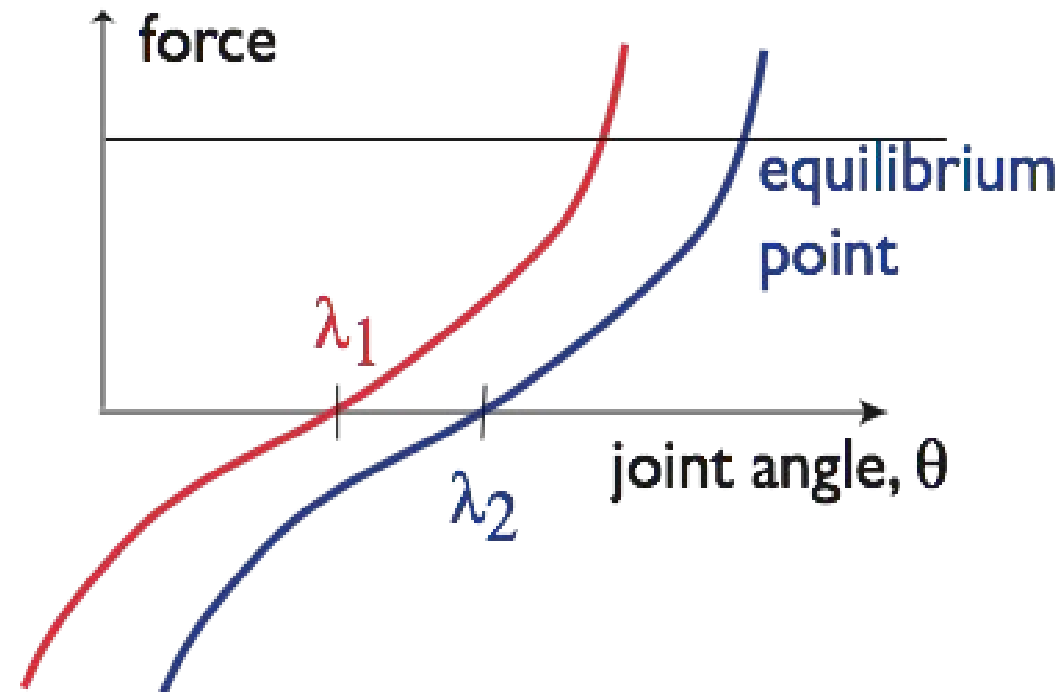
# spinal cord: coordination

Ia inhibitory interneuron mediates reciprocal innervation in stretch reflex, leading to automatic relaxation of antagonist on activation of agonist



# Conclusion on Posture

Muscle-joint systems have an equilibrium point during posture that is stable against transient perturbation



# Movement entails change of posture

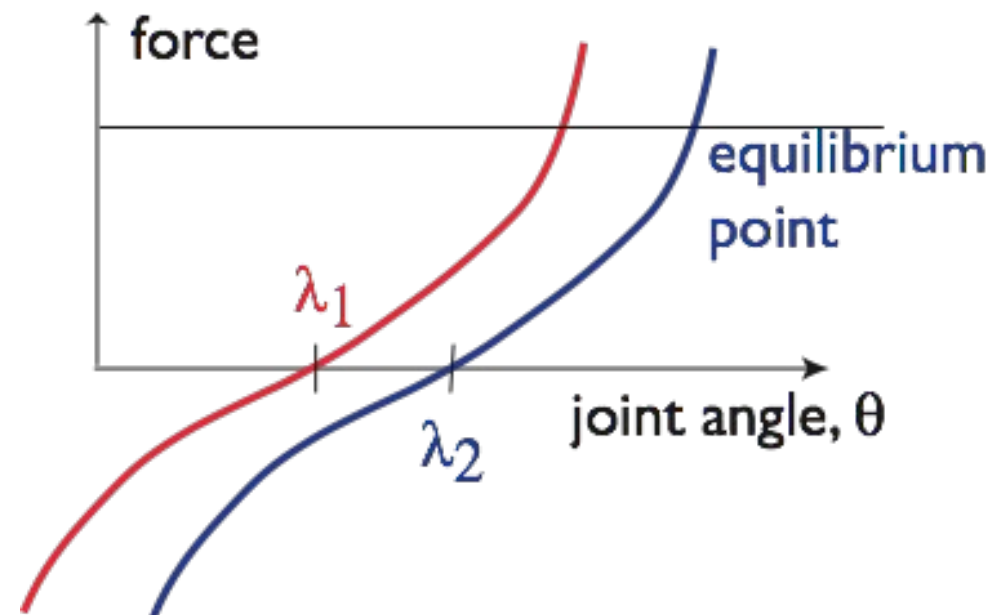
- ⇒ equilibrium point is shifted during movement
  - after the movement, the postural state exists around a new combination of muscle lengths/joint configurations
  - Models that account for movement in terms of generation of joint torques overlook the necessary shift of the EP

Feldmans EP-hypothesis explains voluntary movements as a shift of the EP

# Voluntary movement

The “motor command” does not specify force/torque

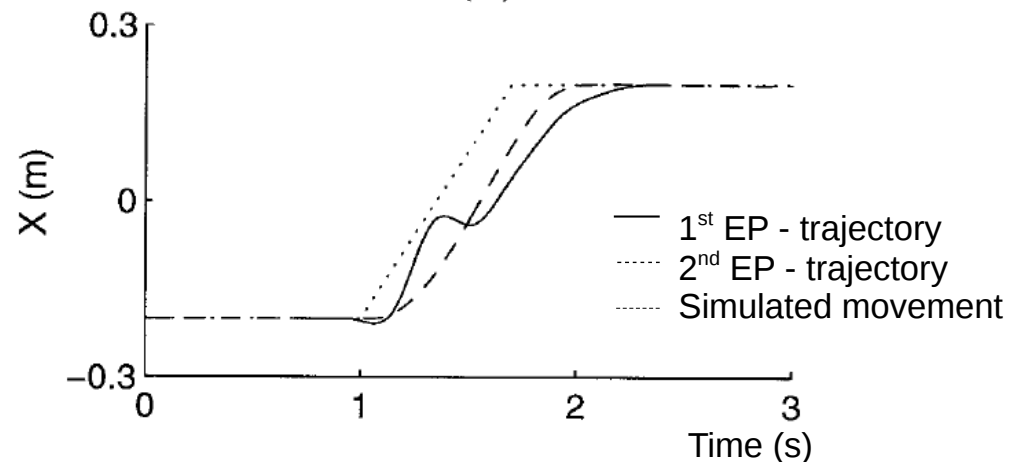
- the same descendent neural command may generate different levels of force depending on the initial length of the muscle





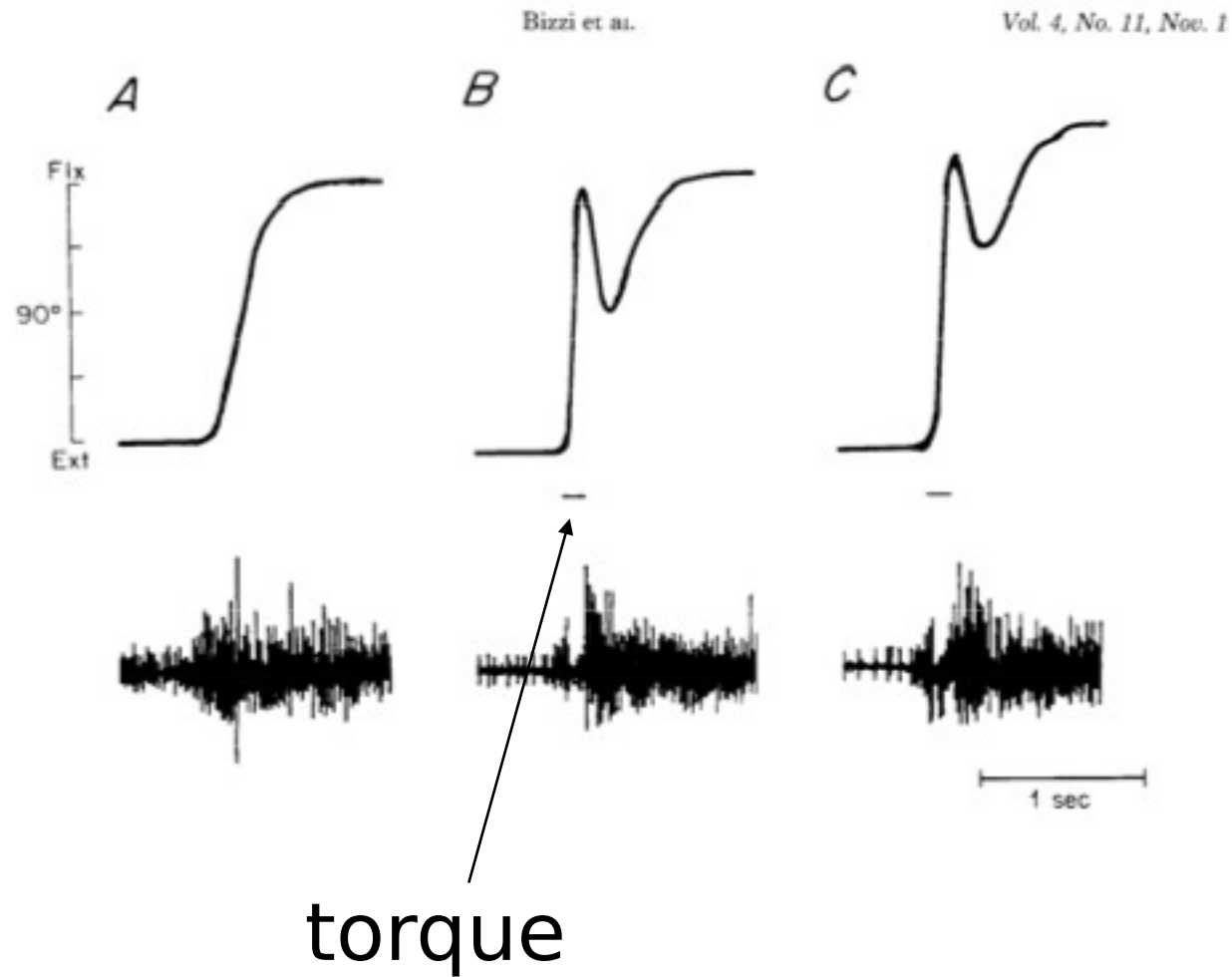
# Virtual trajectory

- Virtual trajectory = a set of EPs defining a movement
- shifting the equilibrium point is necessary, but is it also sufficient?
- first answer: yes... simple ramp-like trajectories of the “r” command (“virtual trajectories”) shift the equilibrium point smoothly in time...



# time continuous shift of the equilibrium point

- during movement an external torque moves a joint to the target position
- in the deafferented animal, the joint returns to the “virtual trajectory”

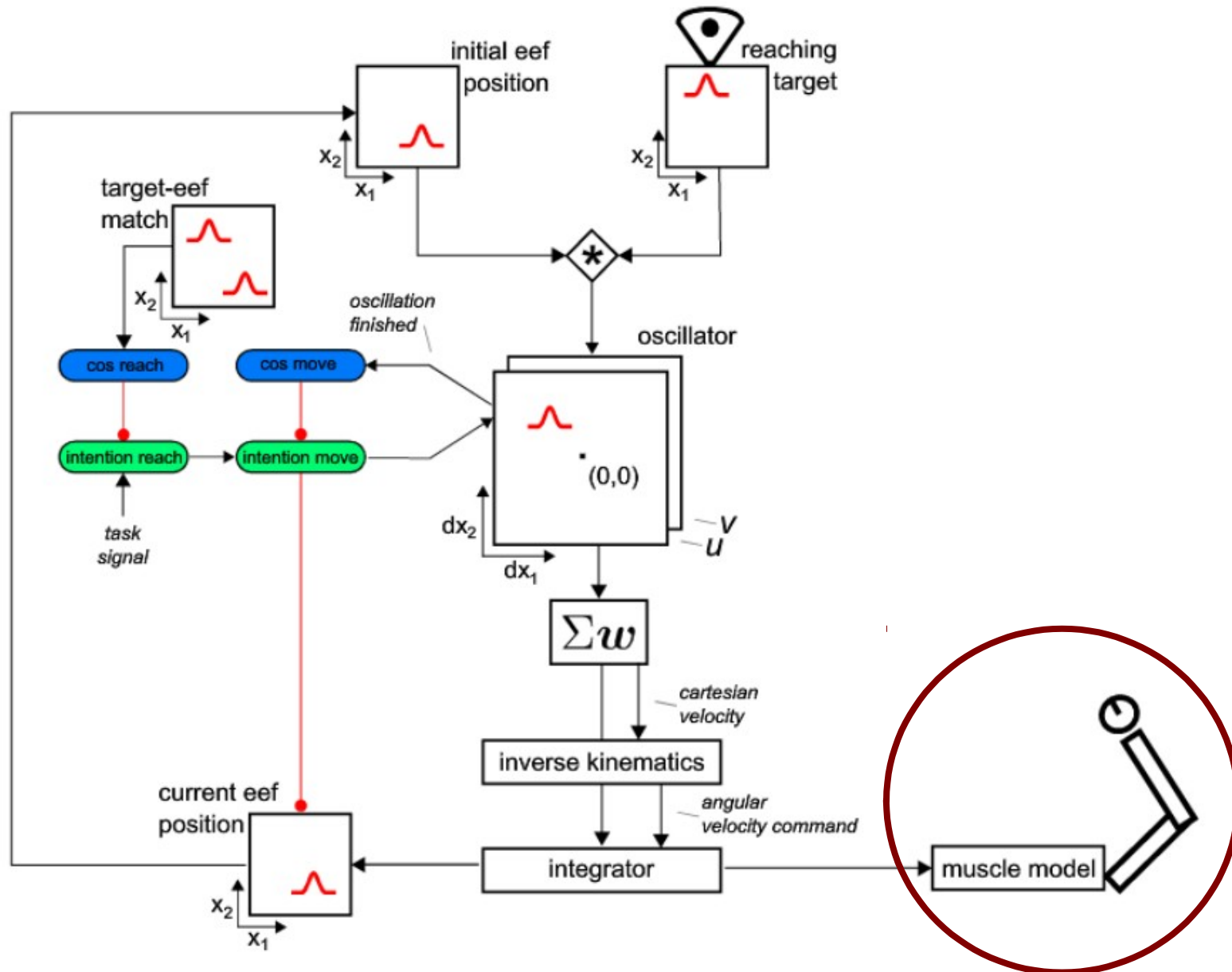


[from Bizzi et al., J. Neurophys. 1984]

# Summary so far

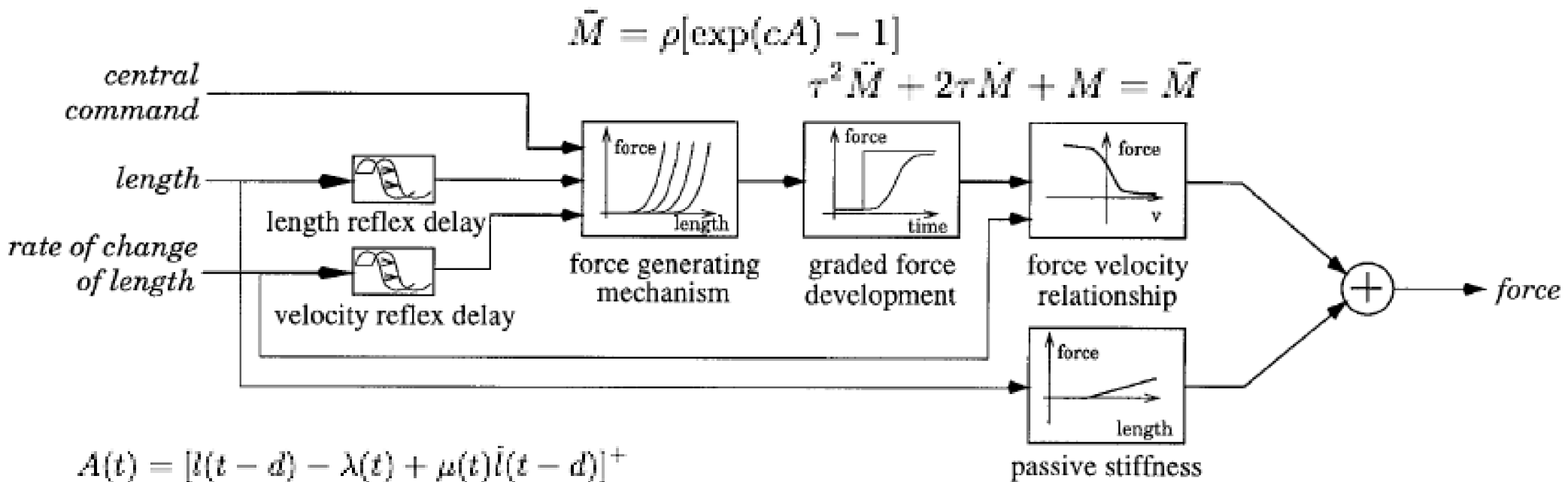
- Posture has an active control mechanism
- The stretch reflex maintains muscles at a certain length
- Voluntary movement can be induced through a continuous shift of the EP

# Jan's Architecture



# Muscle model

By Gribbel and Ostry



$$A(t) = [l(t - d) - \lambda(t) + \mu(t)\dot{l}(t - d)]^+$$

$$F = M[f_1 + f_2 \operatorname{atan}(f_3 + f_4 \dot{l})] + k(l - l_r)$$

# Equation of motion

For the elbow

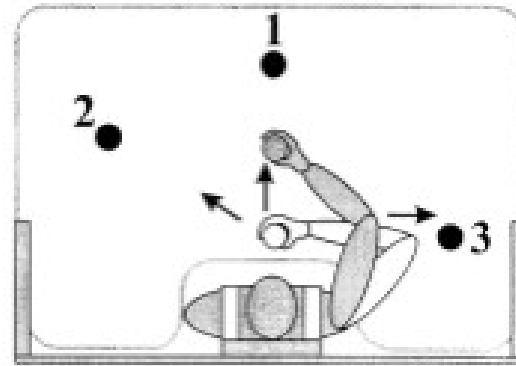
$$\ddot{\theta}_e = I^{-1} (T_e - T_{ext} - C\dot{\theta}_e)$$

The diagram illustrates the equation of motion for the elbow,  $\ddot{\theta}_e = I^{-1} (T_e - T_{ext} - C\dot{\theta}_e)$ . Arrows point from the following labels to the corresponding terms in the equation:

- Inertia** points to  $I^{-1}$ .
- Gravitational torque** points to  $T_{ext}$ .
- Coriolis Forces** points to  $C\dot{\theta}_e$ .
- Joint acceleration** points to  $\ddot{\theta}_e$ .
- Joint torque** points to  $T_e$ .
- Joint velocity** points to  $\dot{\theta}_e$ .

# Experimental data

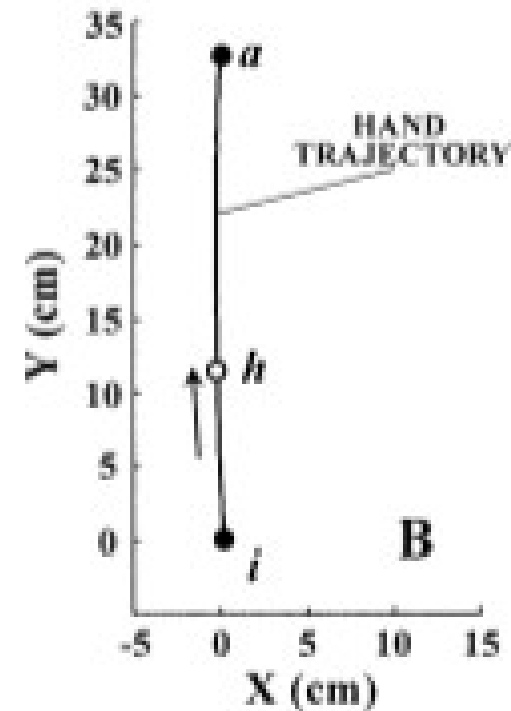
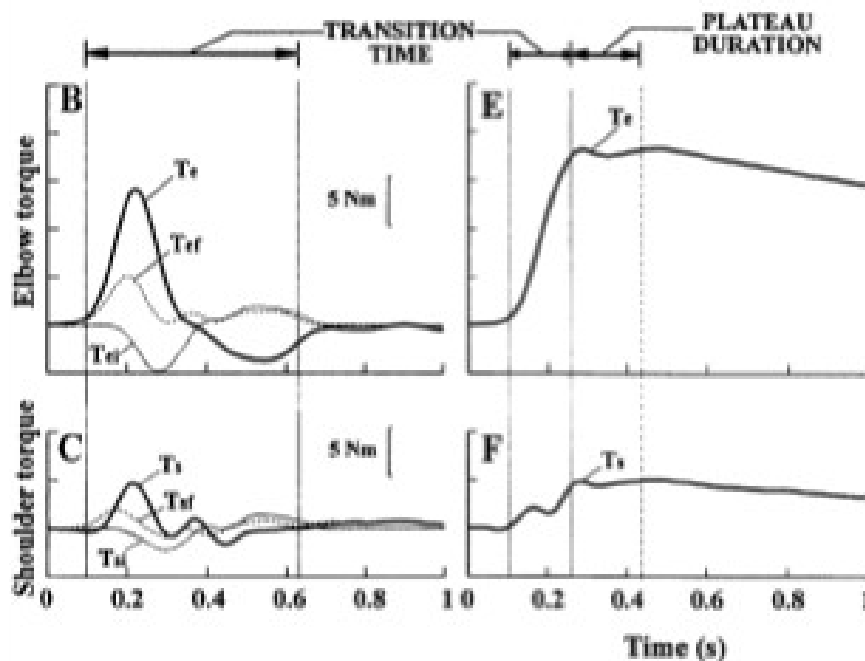
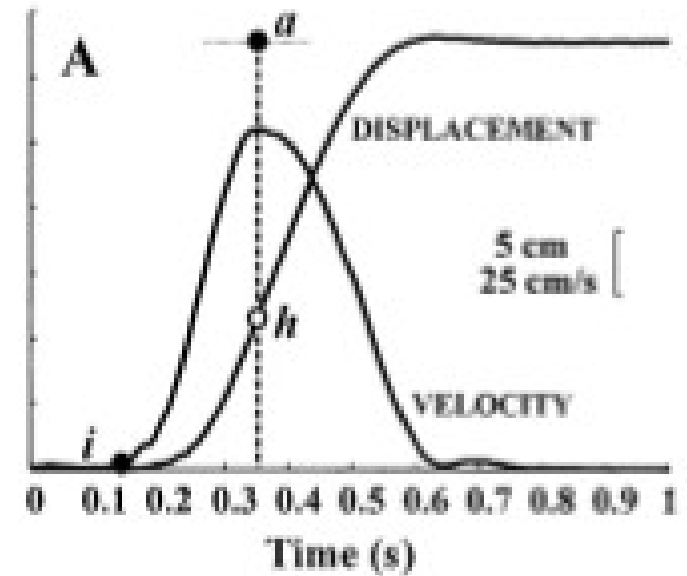
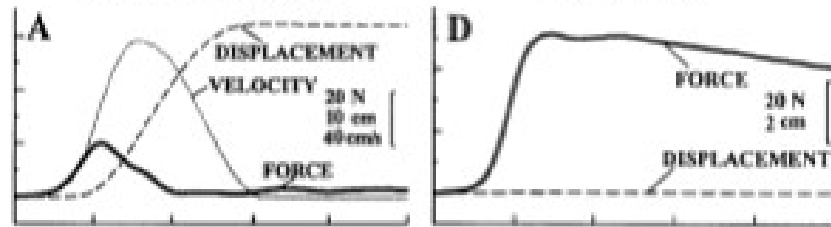
[Ghafouri Feldman, 2001]



MOVEMENTS:

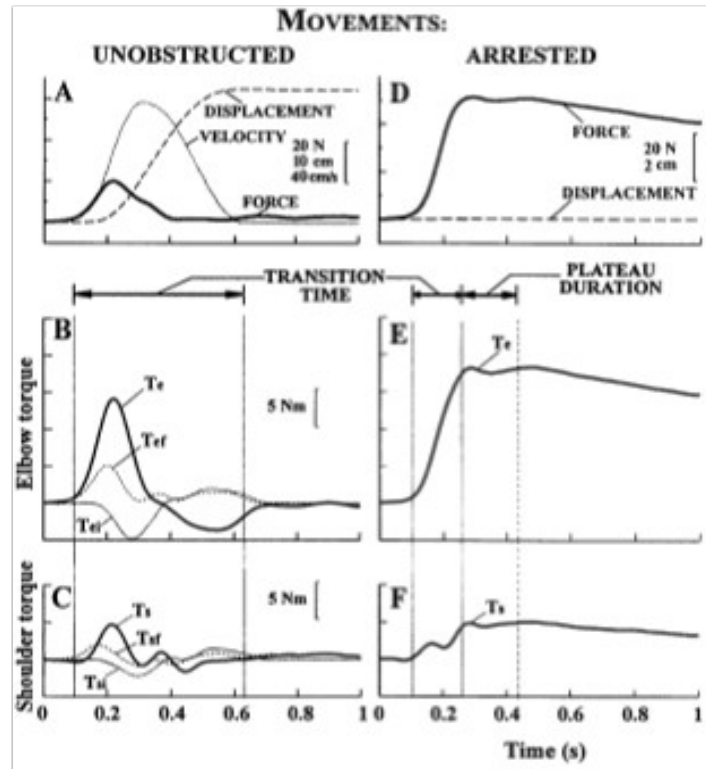
UNOBSTRUCTED

ARRESTED

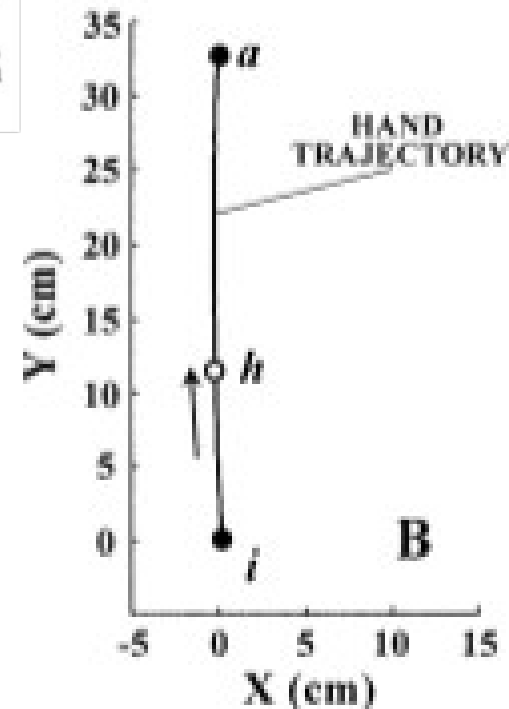
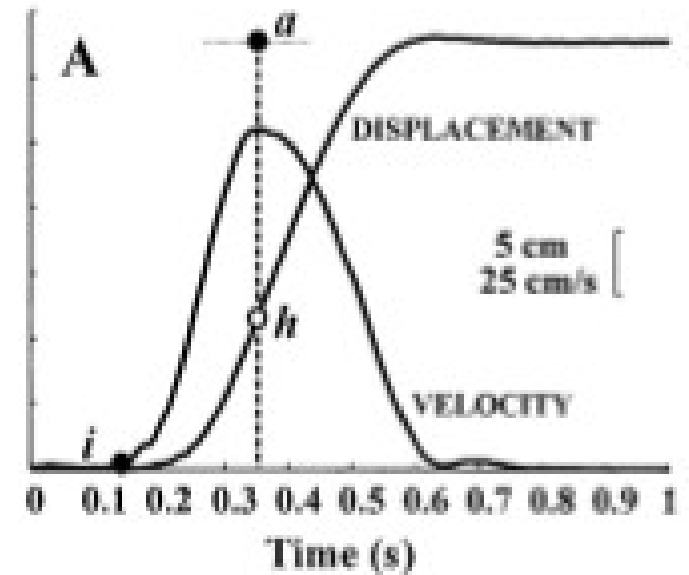


# Experimental data

[Ghafouri Feldman, 2001]



- Fast movements completed without continuous guidance
- Timing of control signals different from resulting motor output





# Virtual trajectory

- This view of movement generation is “quasi-static”: the effector “tracks” the attractor that is shifted by the virtual trajectory
- This seems to trivialize the “optimal control” problem = generating the right time course of motor commands so that the effector arrives at the target in the desired time with zero velocity (and has some desired smooth temporal shape).

# But

- is this simplification of movement generation as a “quasi-postural” system feasible for fast movements given the relatively soft muscles, the time delays involved in generating torque from muscles, etc. ?
- the strong time delay between the command and the movement is a hint that this needs investigation

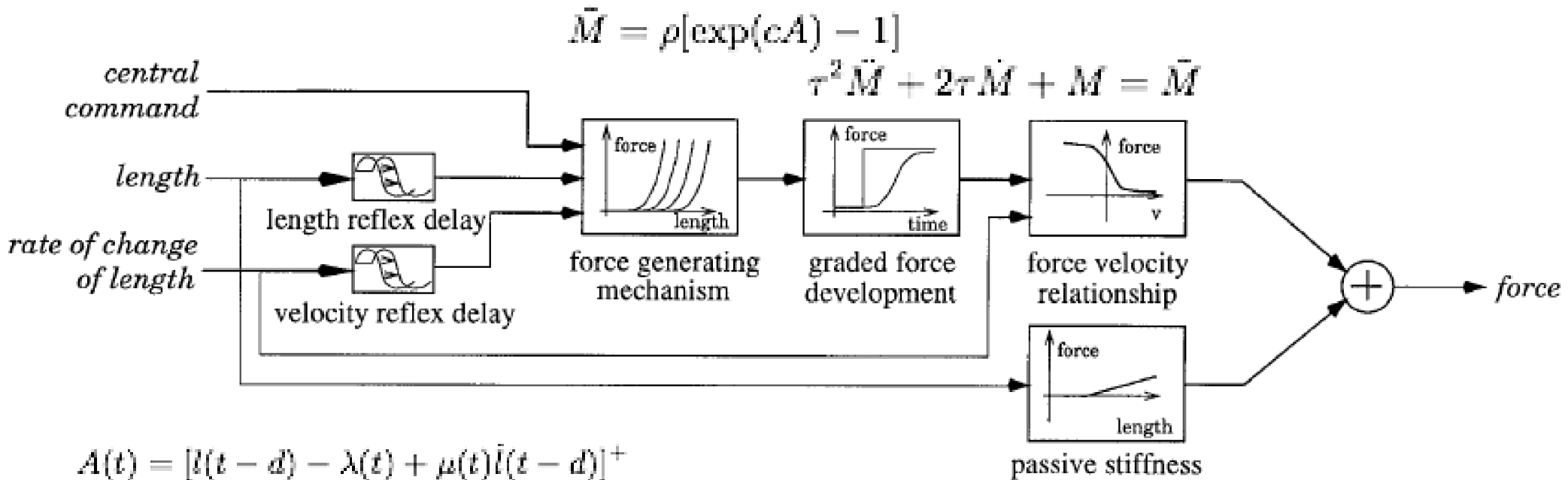
# Types of Virtual trajectories

Project to simulate fast movements

- uses a simplified version of the Gribble Ostry muscle model
- and examines the demands on virtual trajectories (r and c commands) to achieve realistic movement trajectories

# Muscle model

to enable analytical treatment, simplify  
 Gribble Ostry: symmetry, neglect passive  
 elastic force



$$A(t) = [l(t - d) - \lambda(t) + \mu(t)\dot{l}(t - d)]^+$$

$$F = M[f_1 + f_2 \operatorname{atan}(f_3 + f_4 \dot{l})] + k(l - l_r)$$

# Biomechanical dynamics

- ... standard...
- bi-articulatory muscles make a proportional contribution

$$T = -H \cdot F$$

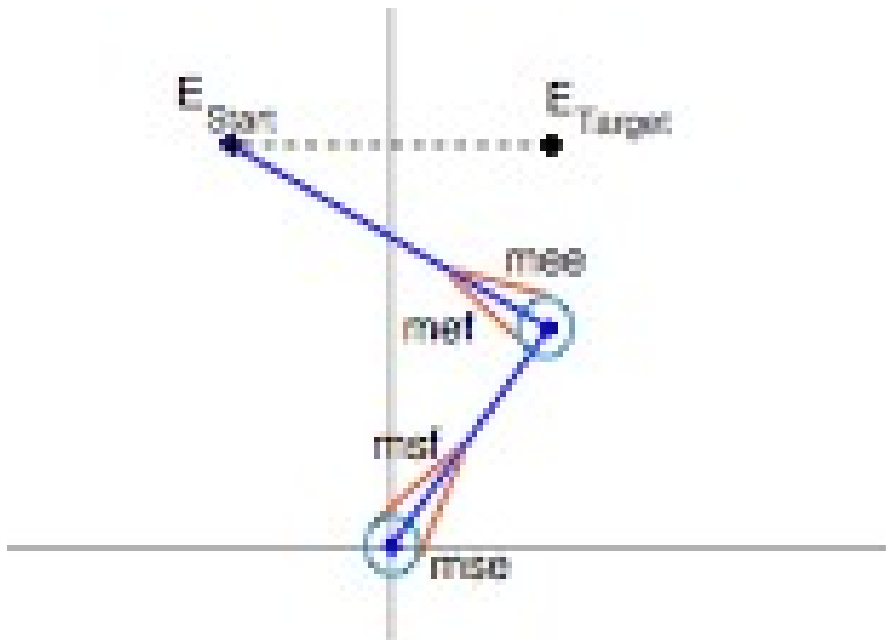
with  $H$  defined as

$$H = \frac{\partial l}{\partial \theta} = \begin{pmatrix} \frac{\partial l}{\partial \theta_1} & \frac{\partial l}{\partial \theta_2} \end{pmatrix}$$

$$\ddot{\theta} = I^{-1}(T - T_{ext} - C\dot{\theta})$$

$$x = \cos(\theta_1) \cdot l_1 + \cos(\theta_1 + \theta_2) \cdot l_2$$

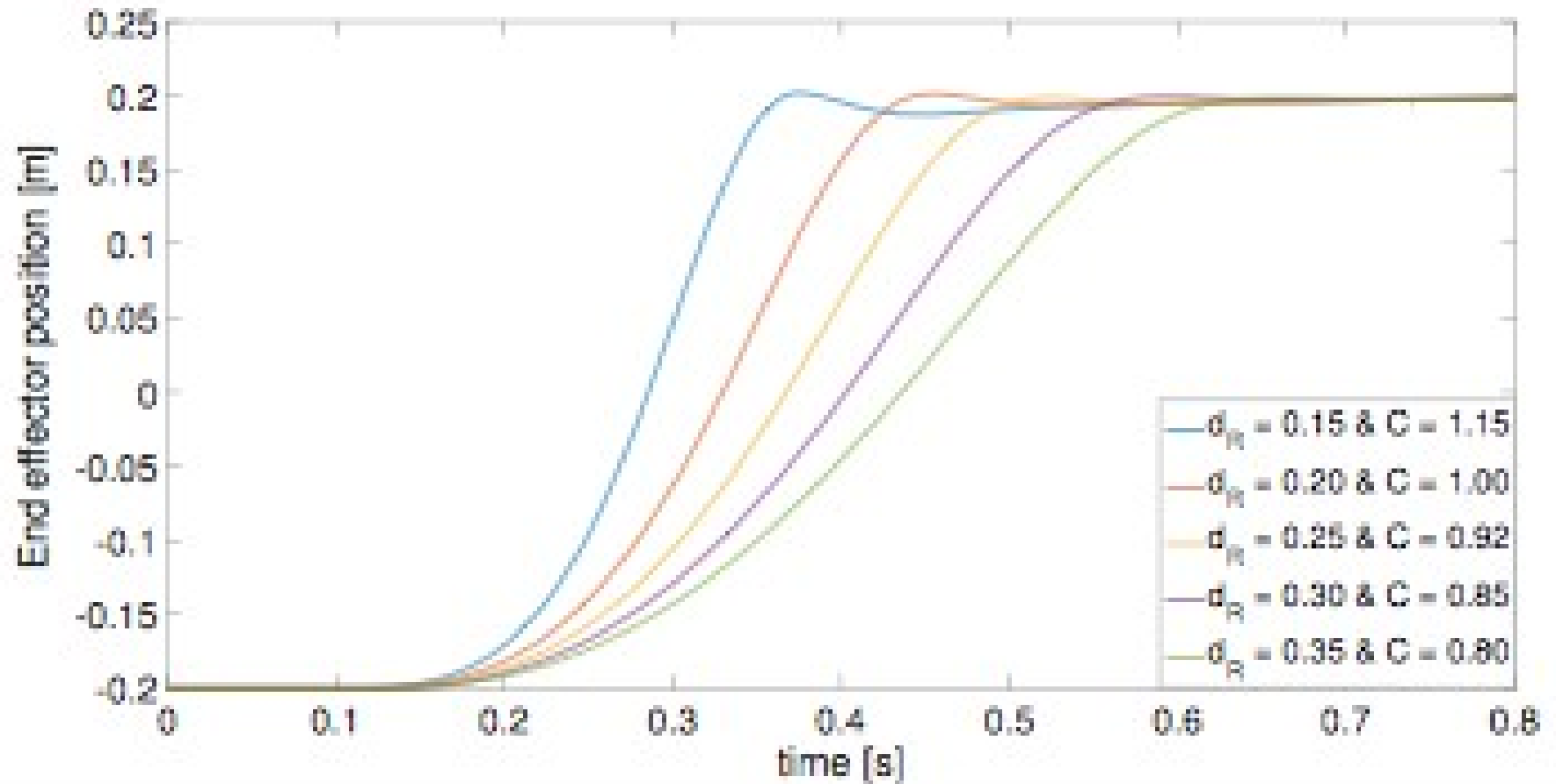
$$y = \sin(\theta_1) \cdot l_1 + \sin(\theta_1 + \theta_2) \cdot l_2$$



back to muscle:

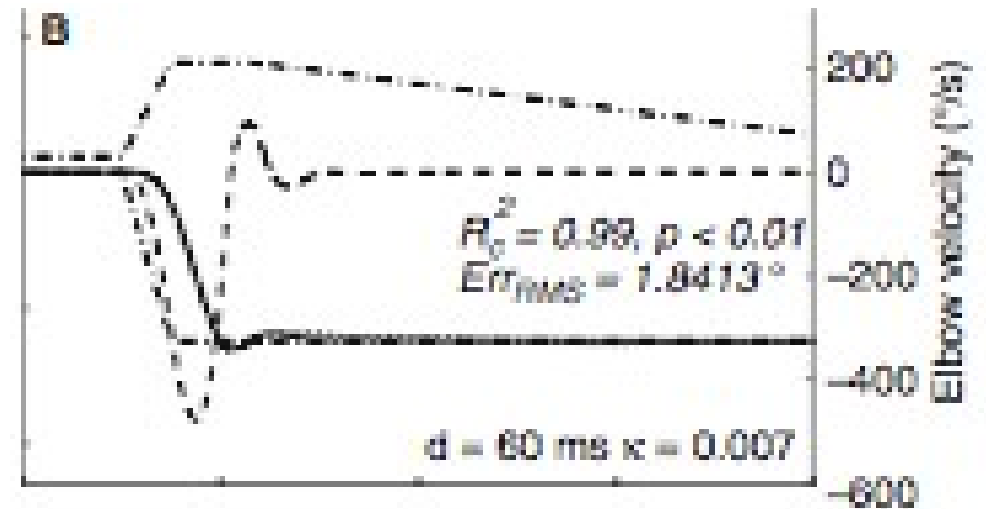
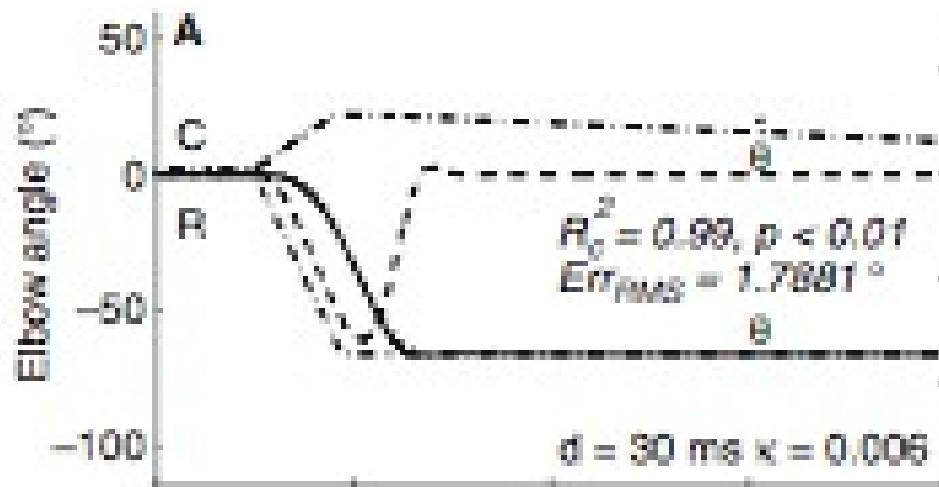
$$l = c + c'\theta + c''\theta^2$$

# virtual trajectories: ramps



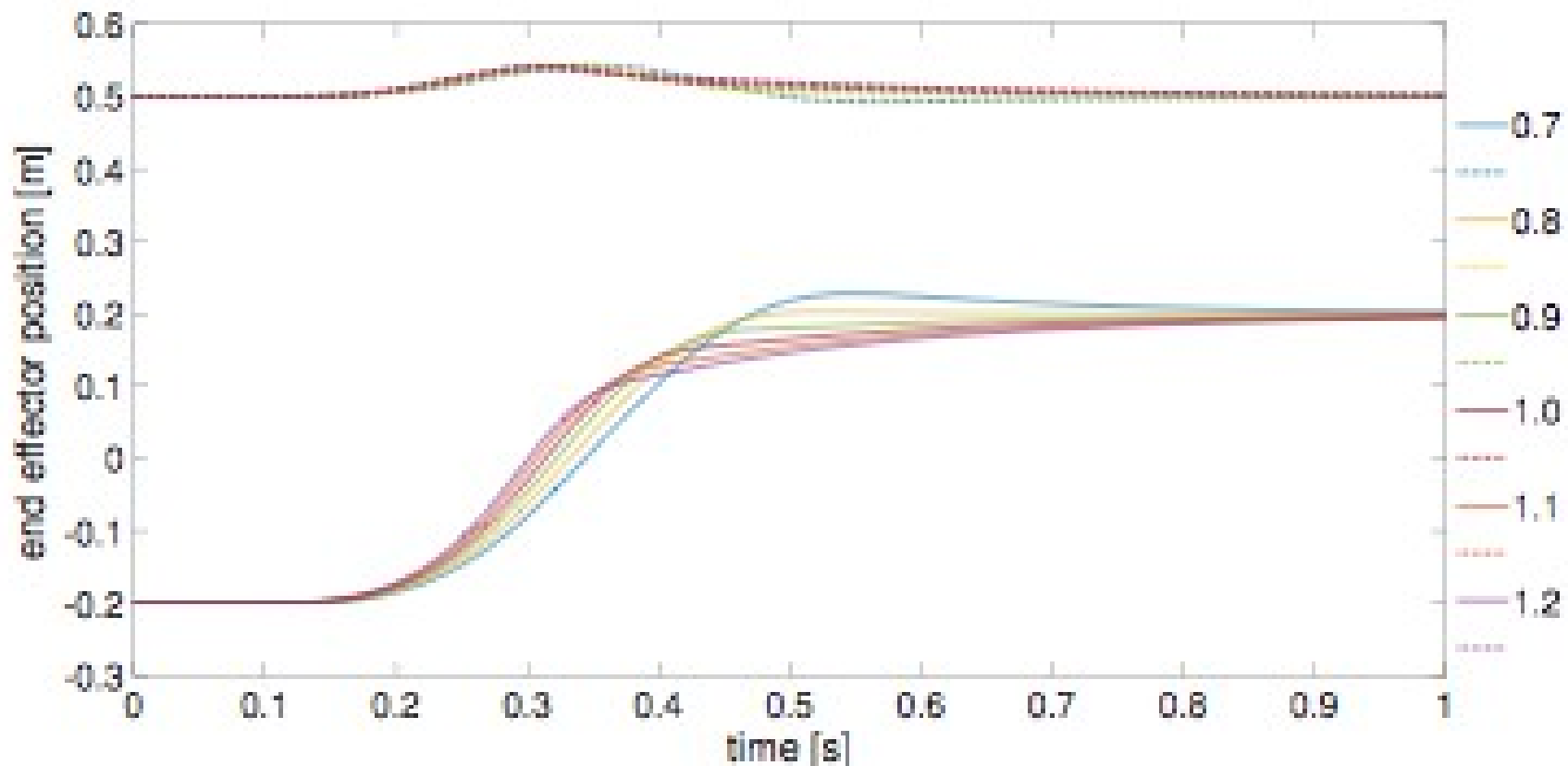
# virtual trajectories: ramps

reproduces Pilon, Feldmann 2006



# virtual trajectories: ramps

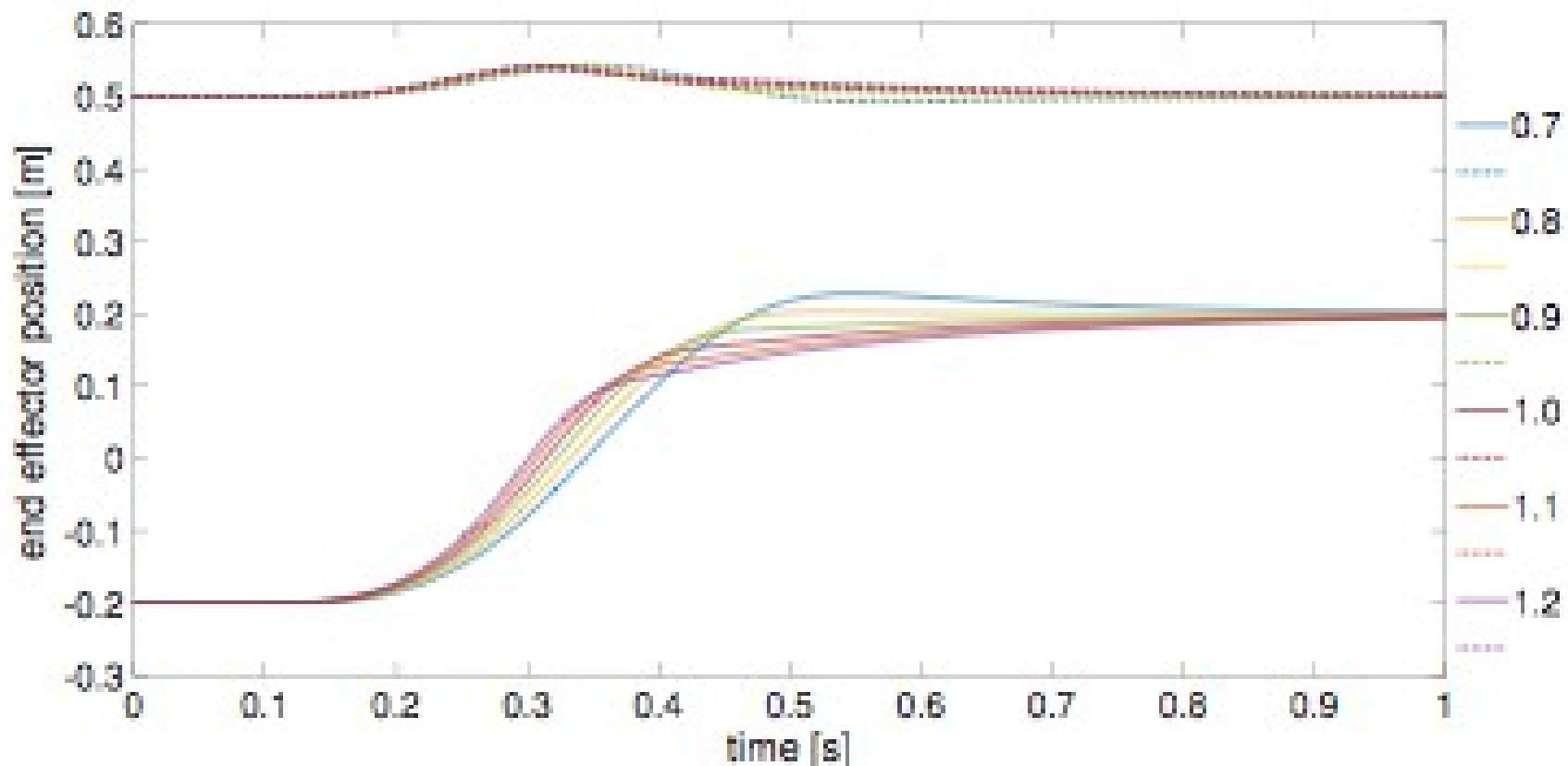
ramps of “r” command produce realistic movement trajectories only if the co-contraction “c” command is just right





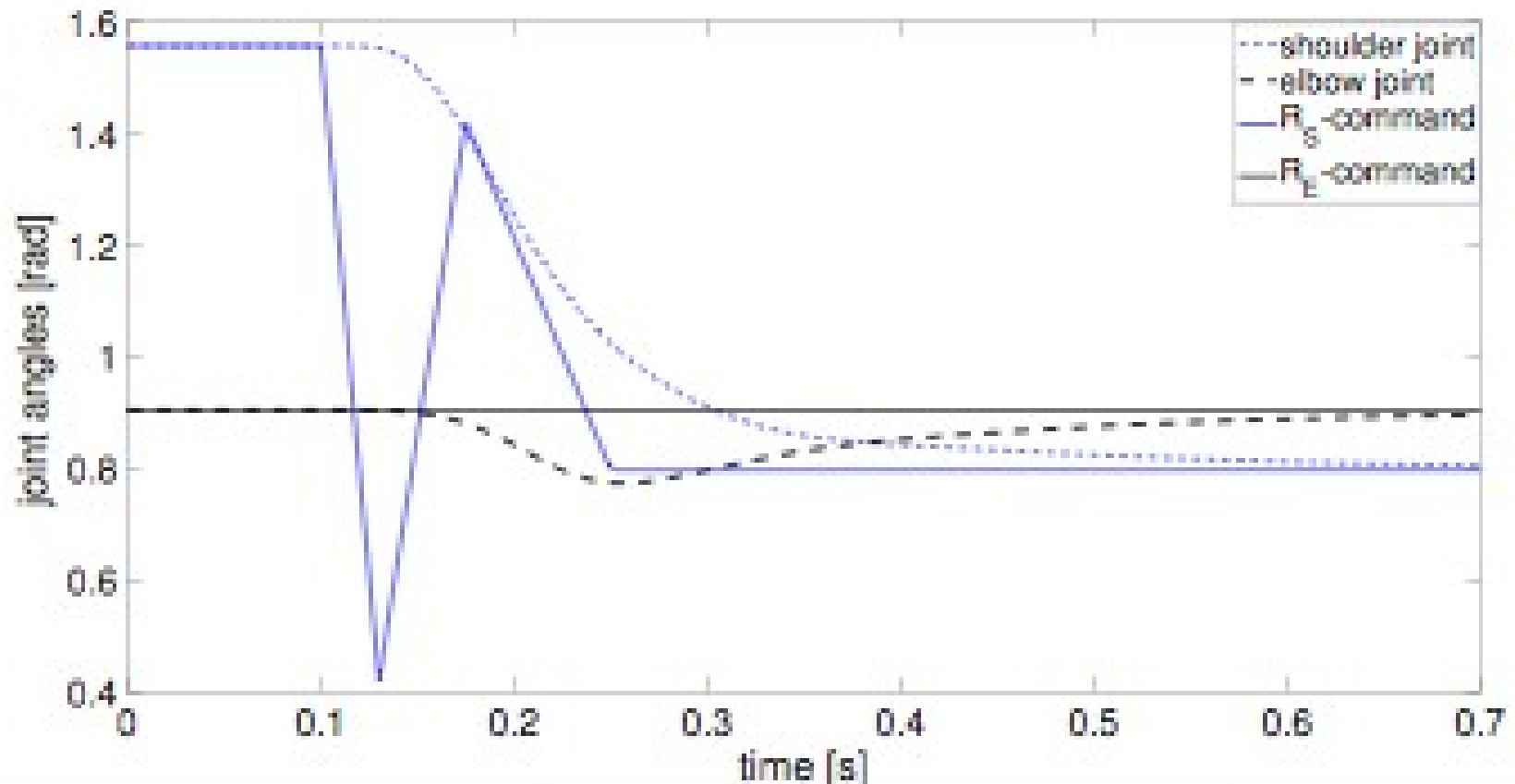
# virtual trajectories: ramps

increasing the co-contraction command does not robustly speed up movement



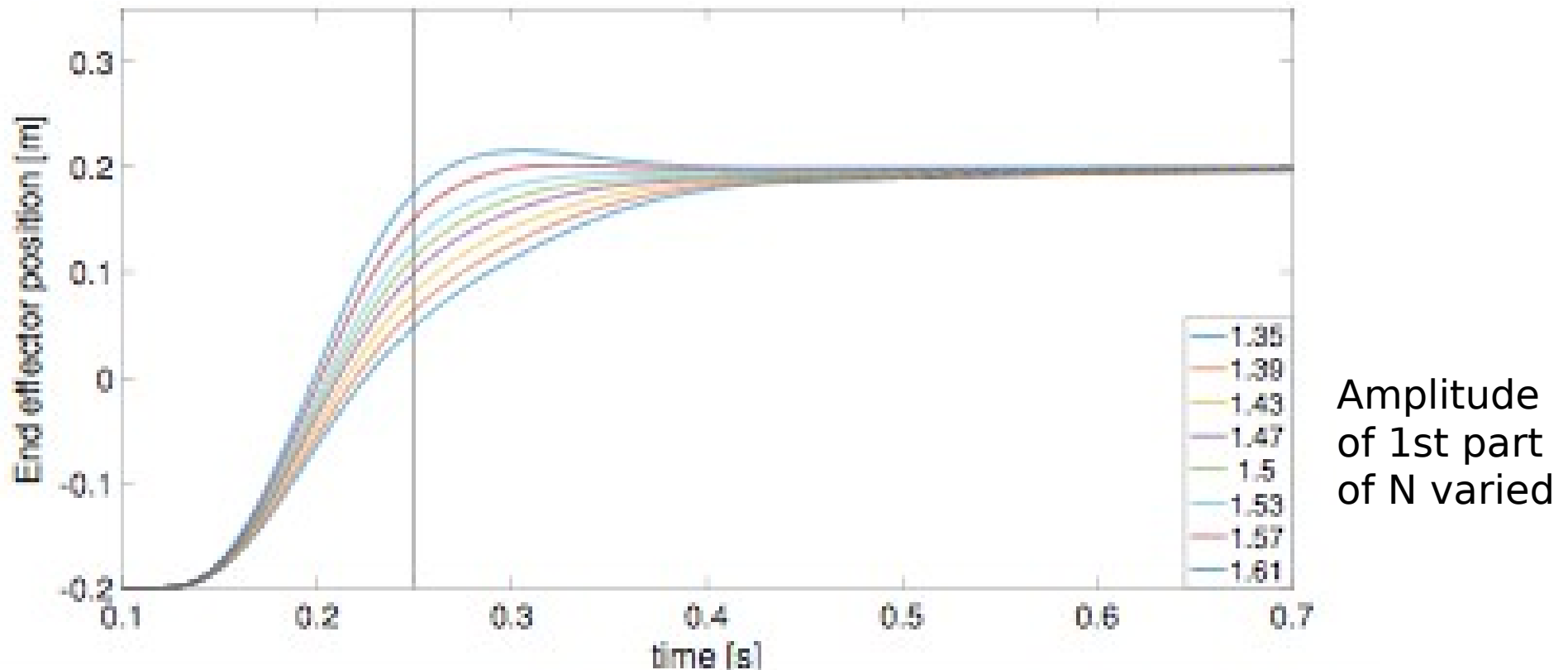
# N-shape

the Latash “N-shape” of the r-command is capable of creating fast movements



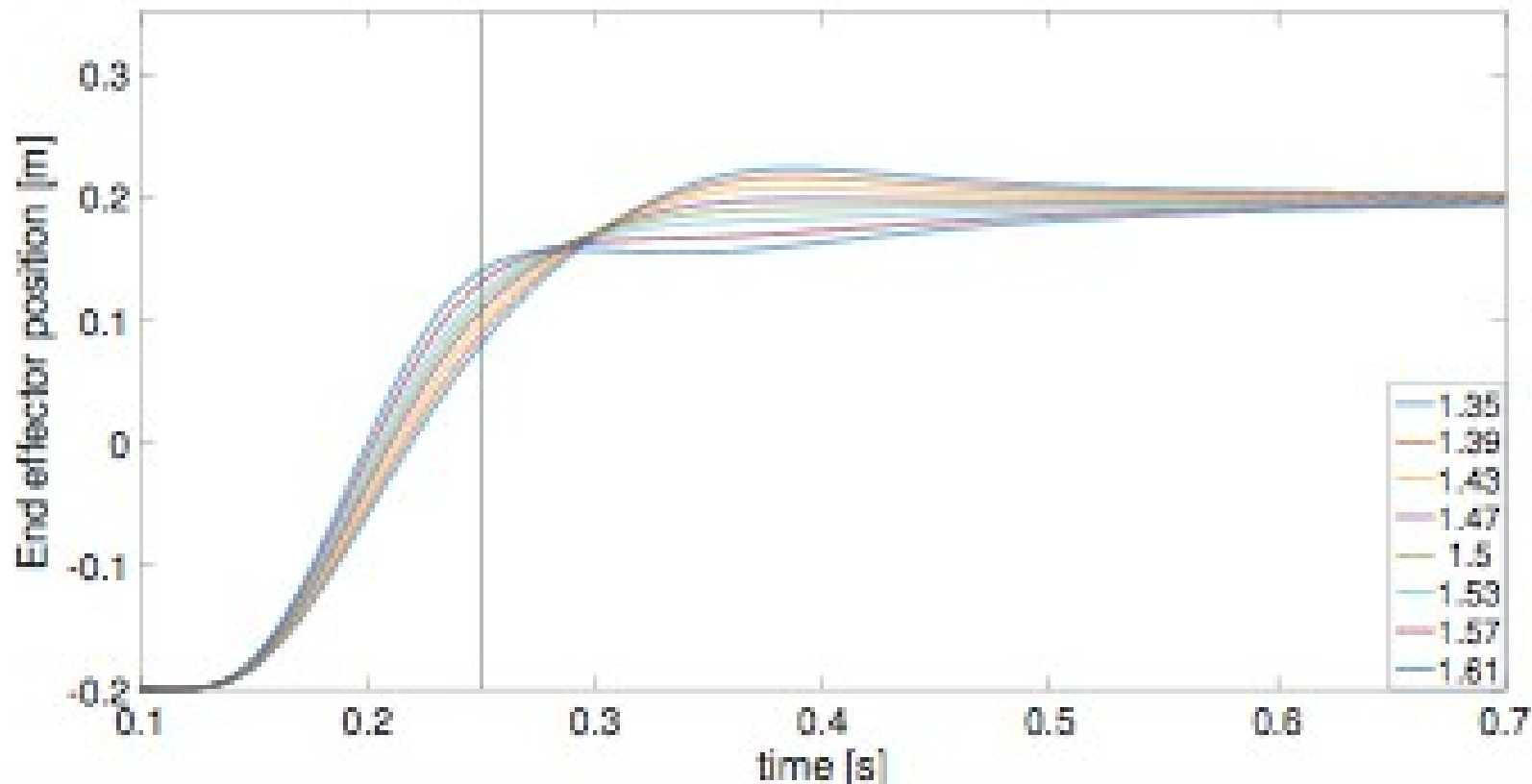
# N-shape

but the “N-shape” needs to be just “right” to obtain correct movement trajectories



# N-shape

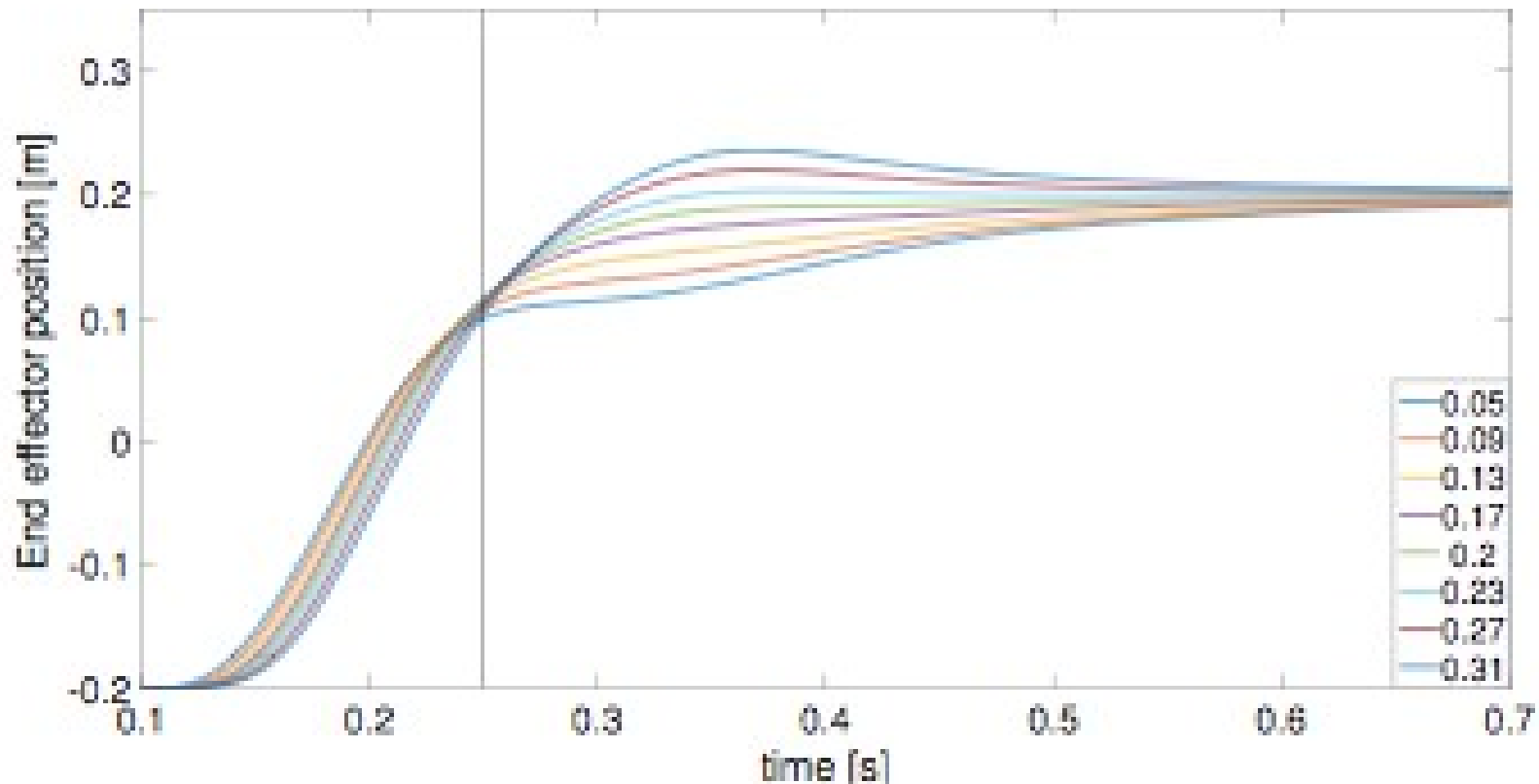
but the “N-shape” needs to be just “right” to obtain correct movement trajectories



Amplitude of 1st part and 2nd part of N varied

# N-shape

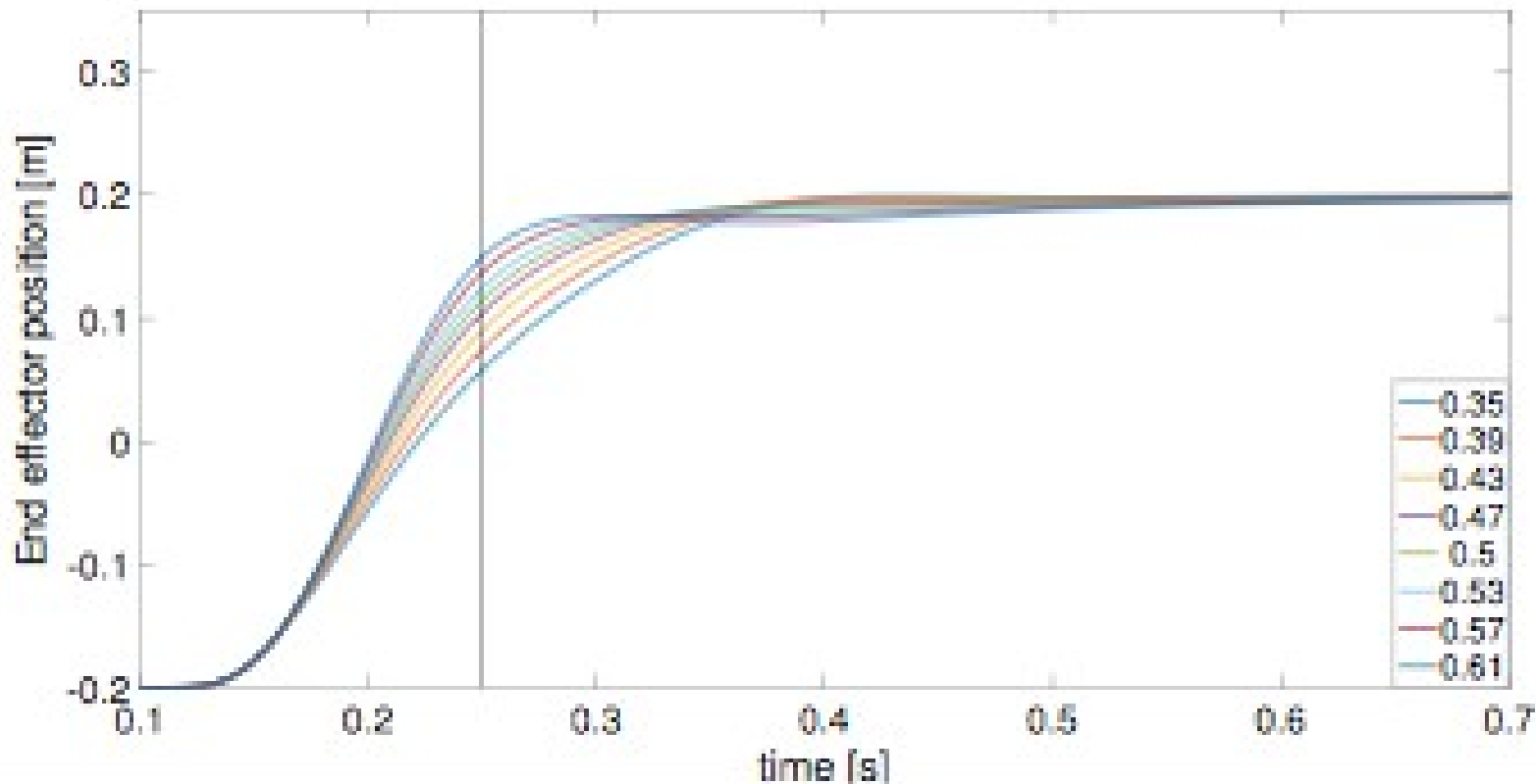
but the “N-shape” needs to be just “right” to obtain correct movement trajectories



Timing of  
1st part  
N varied

# N-shape

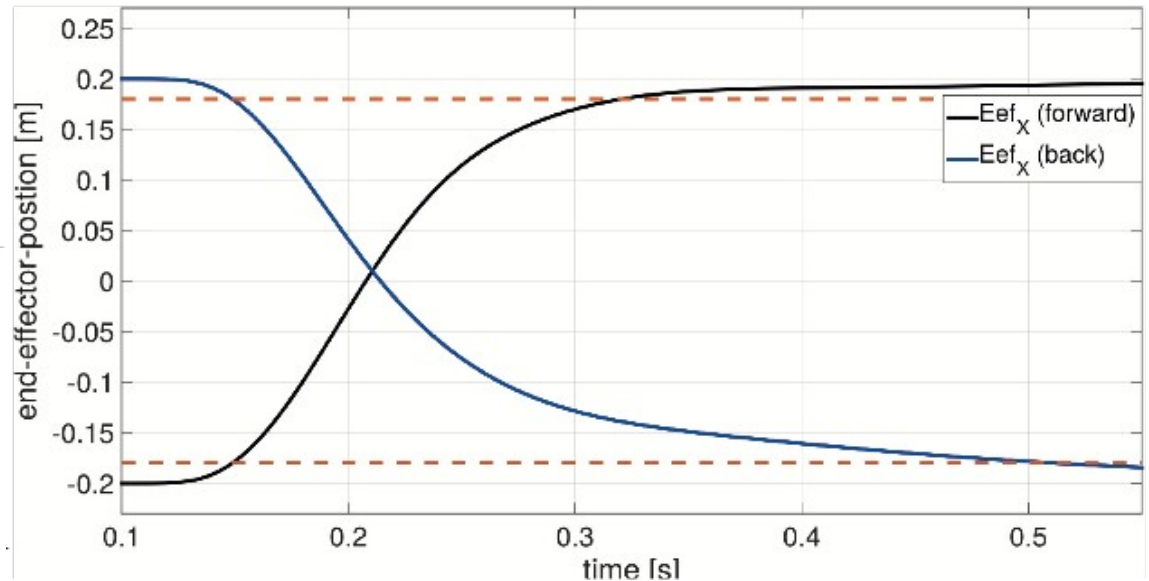
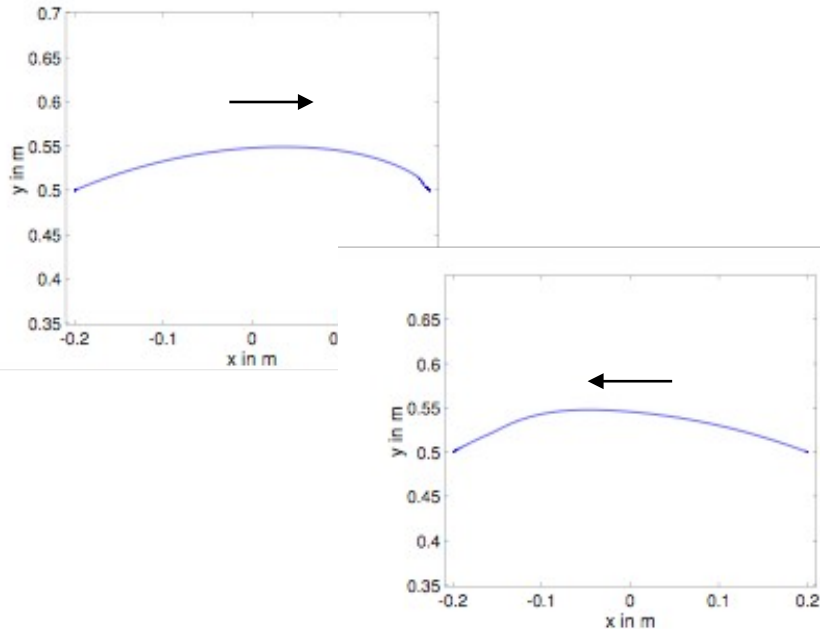
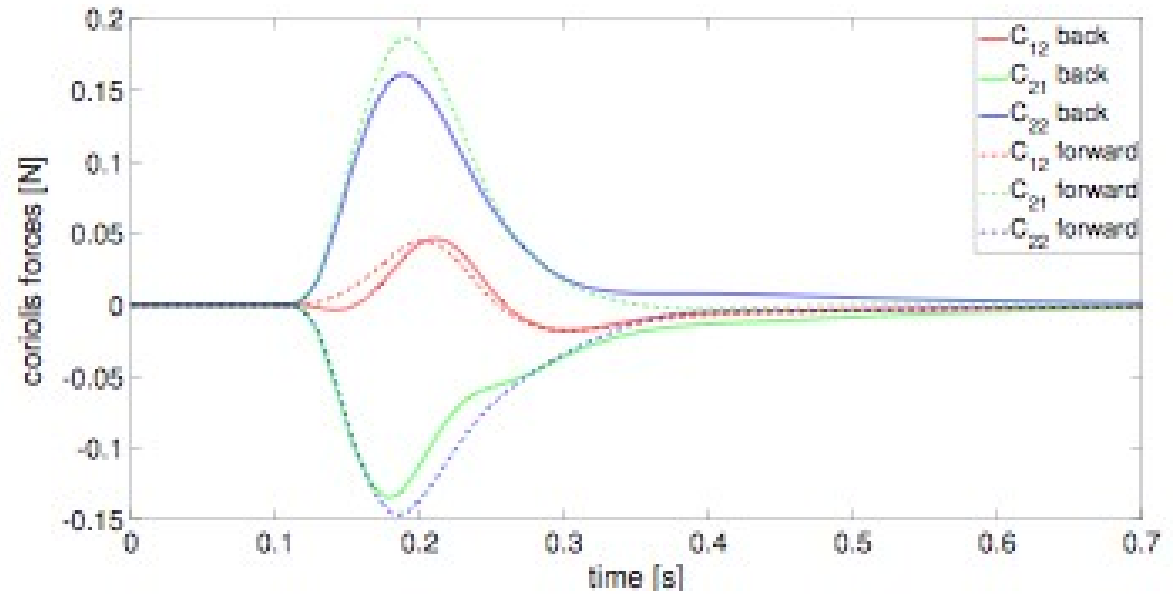
but the “N-shape” needs to be just “right” to obtain correct movement trajectories



Timing of  
2nd part  
N varied

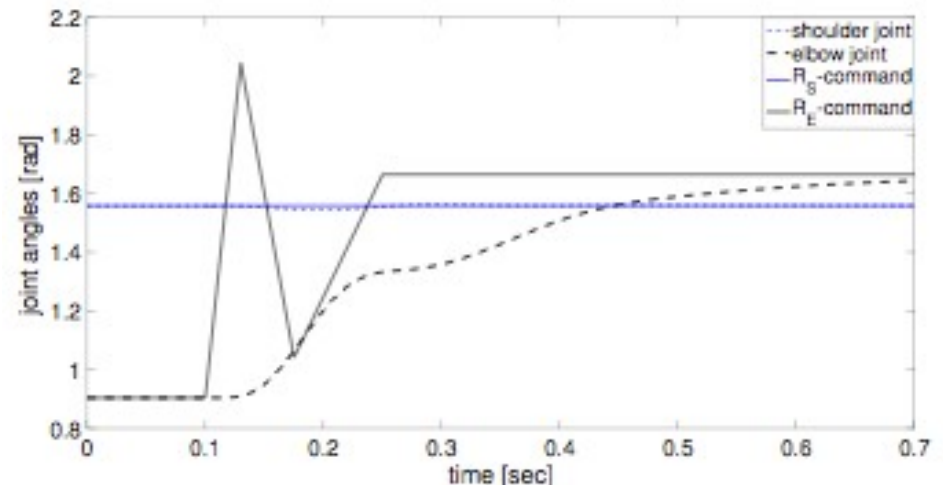
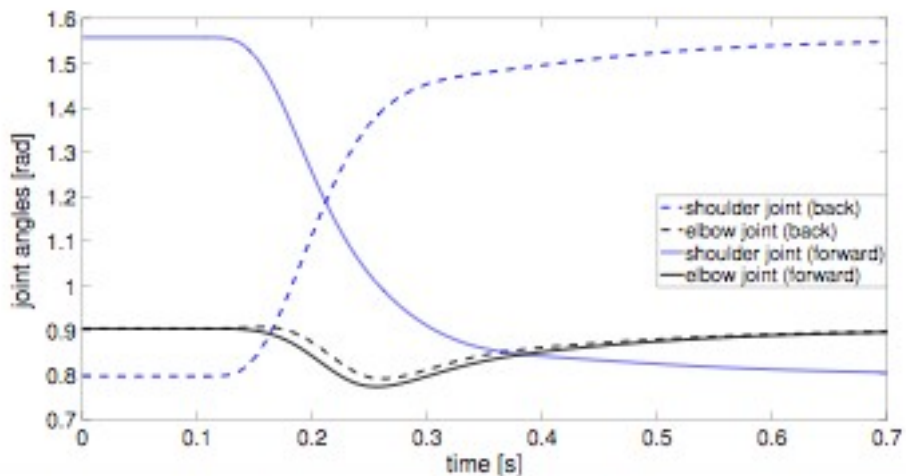
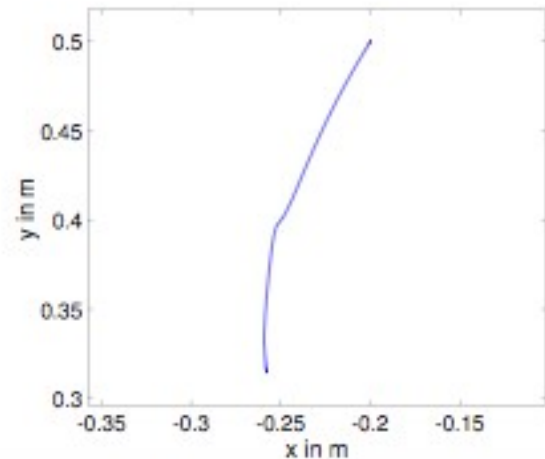
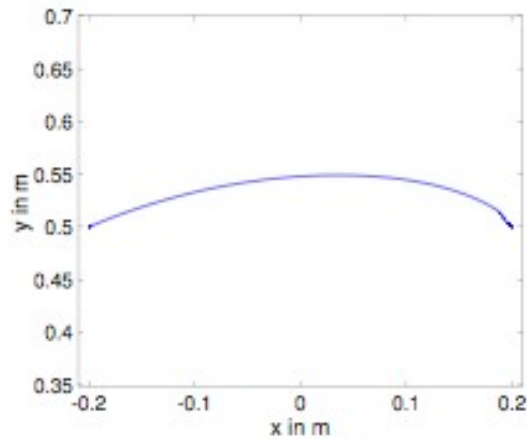
# interaction torques

when the interaction torques vary, the same virtual trajectory generates significantly different movements



# interaction torques

when the interaction torques vary, the same virtual trajectory generates significantly different movements





# inverse models

in different places in work space where different inertial and interaction torques arise, the motor commands must be different to achieve realistic trajectories  
=> kinetics must be taken into account

# Conclusion

muscle dynamics and biomechanical dynamics make that the optimal control problem cannot be entirely trivialized: appropriate space-time virtual trajectories are needed to generate realistic movement behavior