# Learning

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# What is learning?

a very broad concept, not nearly as well defined as we might think

## neuroscience

- definition: learning as the capacity of physiological neural networks to change their function over time, dependent on the history of stimulation/activation
- Iearning mechanisms are in the foreground
- concept of learning overlaps with that of psychology

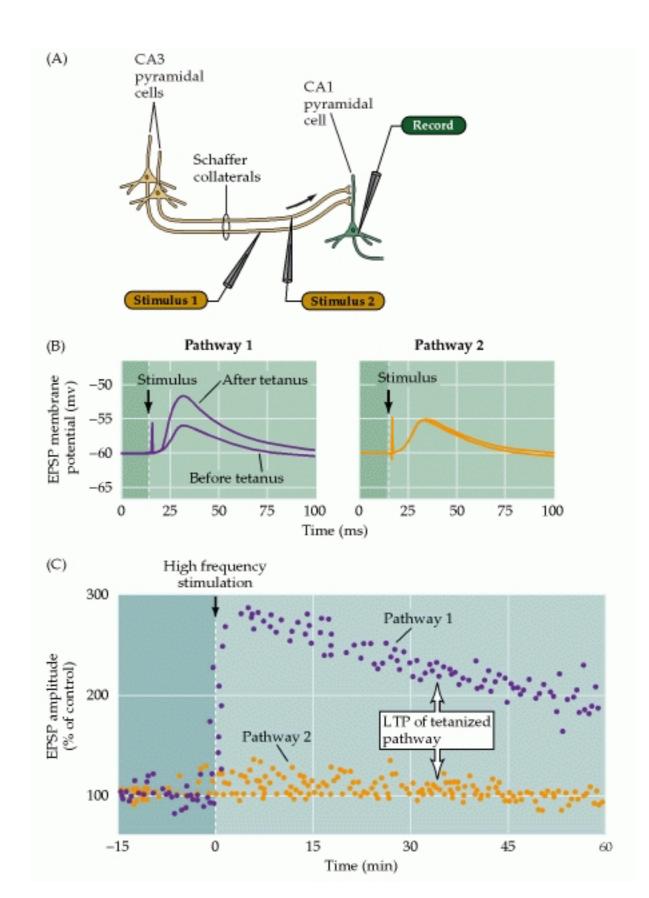
# synaptic plasticity: long term potentiation

- excitatory synapses are strengthened when the presynaptic and the postsynaptic neuron fire within small time window
  - easily established when stimulation by presynaptic cell is intense
  - (less clear at physiological rates)
  - readily observed in slices from hippocampus

# Long-term potentiation

### experimental paradigm

(here: Hippocampus)



Neuroscience. 2nd edition. Purves D, Augustine GJ, Fitzpatrick D, et al., editors. Sunderland (MA): <u>Sinauer Associates</u>; 2001.

# synaptic plasticity: long term potentiation... issues

- problem of retrograde signaling
- Ink to behavioral learning recent and thin

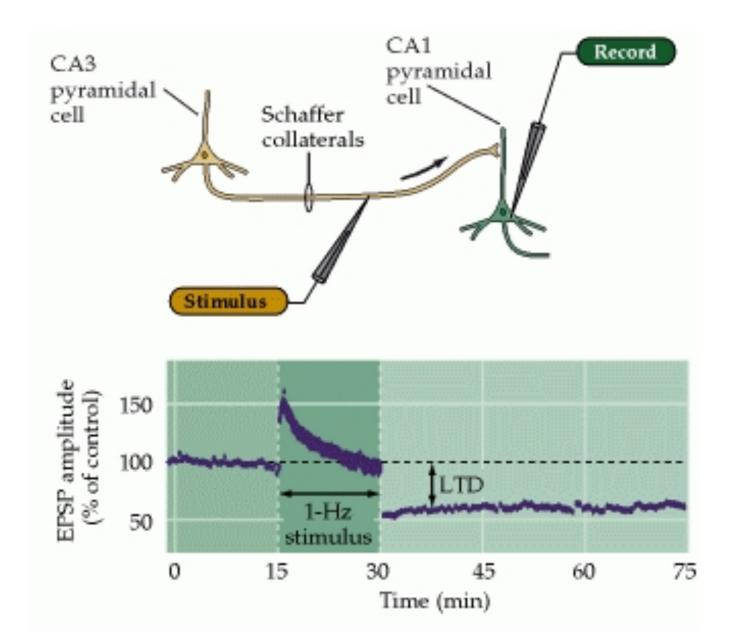
# synaptic plasticity: long term depression:

excitatory synapses are weakened with the presynaptic neuron fires at a low frequency

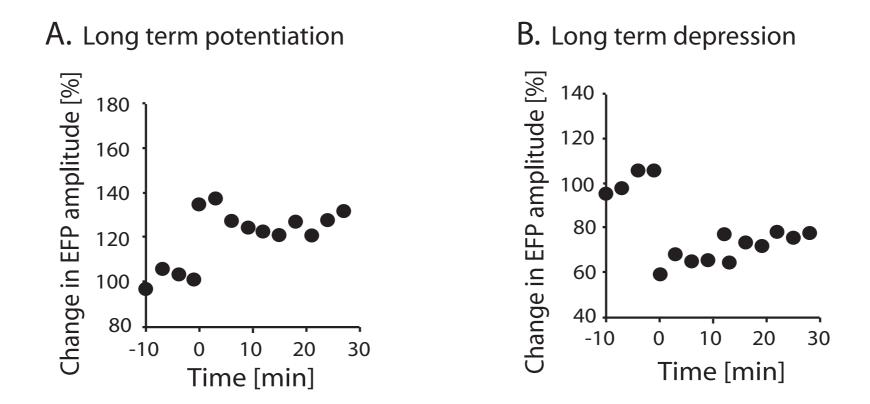
very broadly observed in CNS

# Long-term depression

Iow-frequency firing of pre-synaptic neuron that does not induce postsynaptic firing => LTD



# LTP/LTD



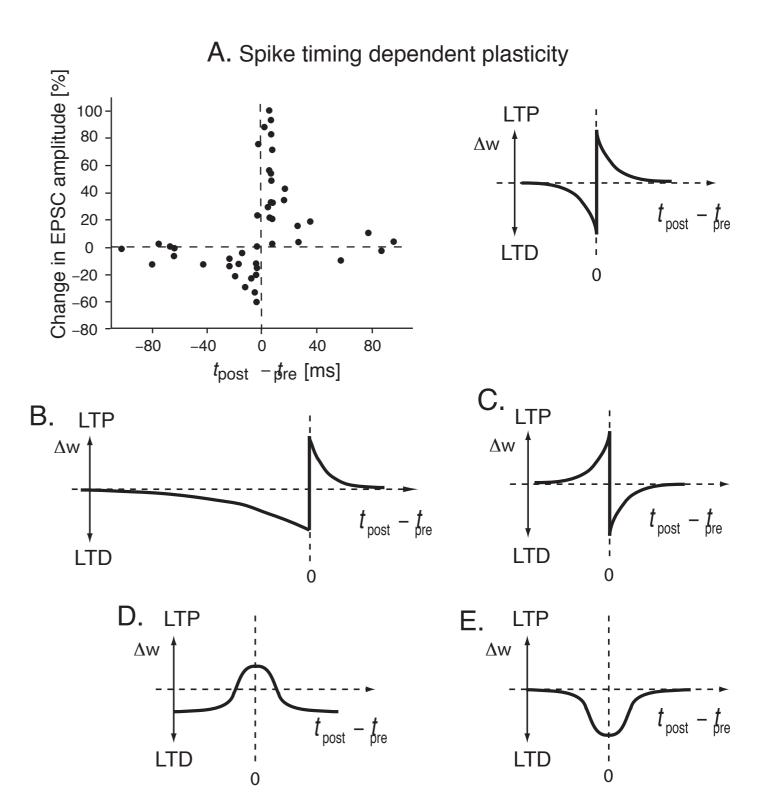
#### [from: Trappenberg: Fundamentals of Computational Neuroscience, Oxford, 2002]

# synaptic plasticity: spike time dependent plasticity

combines both weakening and strengthening synapses depending on the relative timing of presynaptic and postsynaptic spikes

# STDP

- through intra-cellular recording/stimulation control the relative timing of pre and postsynaptic spikes
- ITP for positive, LTD for negative delay



[from: Trappenberg: Fundamentals of Computational Neuroscience, Oxford, 2002]

# psychology

learning is perhaps the central theme of human psychology

every single behavior is subject to learning

- a wide range of phenomena are considered forms of learning
- widest definition: learning is change of behavior over the longer run based on experience

# habit formation

perhaps the most basic and pervasive form of learning ... dating back to William James (1890)

definition: behaviors facilitate themselves, lowering the threshold and sensory or cognitive demands to reactivate the same behavior

examples:

drive along the same route, make the same dance move, select the same food

write the same thing, argue in the same way

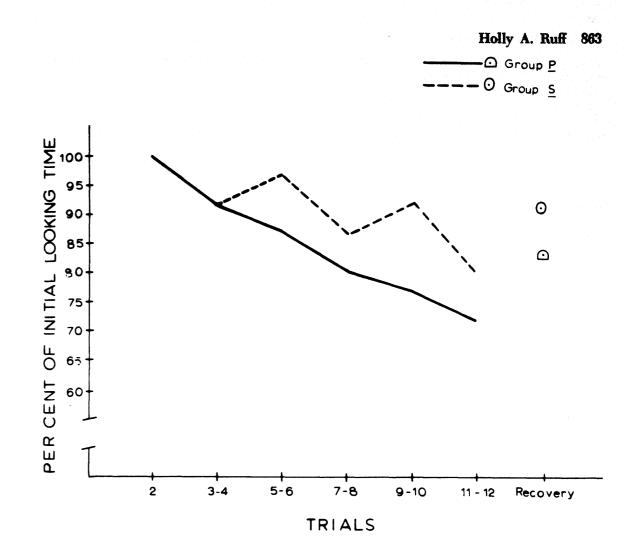
# examples of habit formation

- Iearning behavioral routines, habitual stimulusresponse associations, action patterns
- e.g., animals showing up at particular locations expecting food, cows showing up at particular spots expecting to be milked
- e.g., people developing routines in daily life, taking routine routes

## habituation

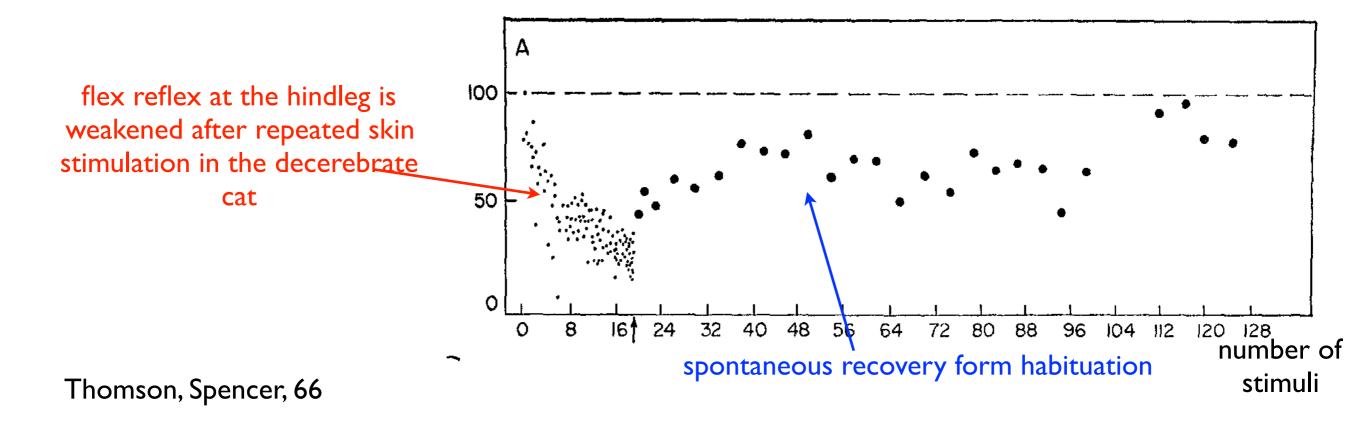
- also a very basic, pervasive form of learning
- definition: the opposite of habit formation: behaviors inhibit themselves, raising the threshold to activate the same behavior again

how much looking does a repeated stimulus elicit in a baby?



## habituation

### habituation as a weakening of the link between stimulus and response

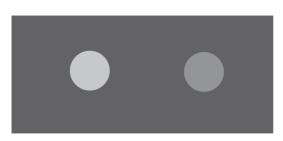


## habituation

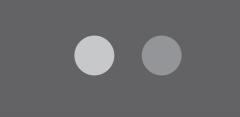
the gill withdrawal reflex in Aplysia is on of the classical animal preparations to study this form of learning leading to the first Nobel price for learning (E Kandel)

# selective adaptation

### adaptation phase



test phase



- a common form of habituation in the perceptual domain
- the perceptual threshold increases with the time a particular percept is being experienced

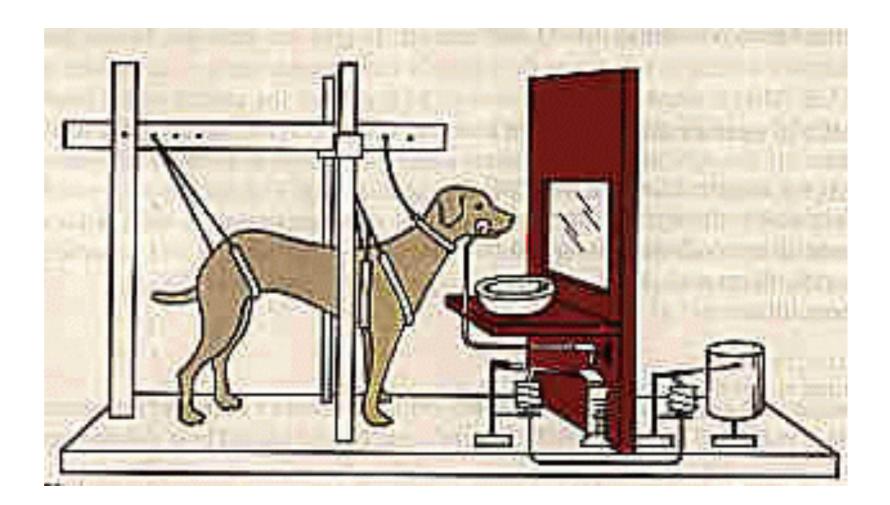
=> determine relative contrast threshold

# classical (or respondent) conditioning

- associating new stimuli with an response by pairing the stimulus with a pre-existing stimulus response link
  - unconditioned stimulus (UCS): the stimulus of the preexisting stimulus-response link
  - conditioned stimulus (CS): the new stimulus

# examples of classical conditioning (CC)

classical example: Pavlov's dog



# examples of classical conditioning (CC)

- modern (neuroscience) laboratory example: eye-blink conditioning
  - an air-puff applied to the eye (unconditioned stimulus) elicits a blink (response)
  - If the air-puff is frequently paired with a new (conditioned) stimulus, e.g., a bell, a tone, a light etc, then this conditioned stimulus alone is capable of eliciting the response

# classical (or respondent) conditioning

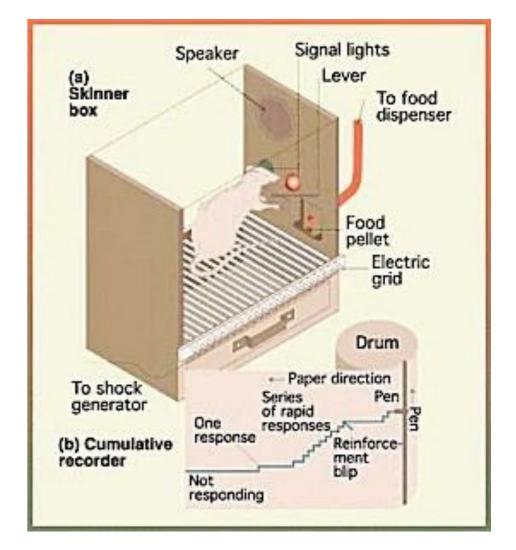
- a long history of detailed study
  - the time contingencies of CC
    - e.g., much easier/faster to associate a stimulus (CS) that precedes the UCS ("predicts" the UCS) than to associate a stimulus that arrives after the UCS ("backward conditioning)
  - dependence on award schedule, on history of reward/ stimulation, etc.
- together with instrument/operant conditioning the basis for learning theory and the starting point of behaviorism

# instrumental (or operant) conditioning

learning new stimulus-response associations, including possibly quite complex ones, as the result of both exploration and reward

# examples of instrumental conditioning (IC)

- e.g., rats learning to press lever for food, then learning to do so only in the presence of certain stimuli (reward based)
- e.g., rats learning to avert shock by not approach food when certain stimuli a present (punishment based)



# instrumental (or operant) conditioning

- the basis of Reinforcement Learning as a theoretical paradigm (RL)
- very influential historically in behaviorism, which sought to account for almost any skill on the basis of operant conditioning

# instrumental conditioning

- shaping: although a pre-existing SR association is not needed, in practice pre-existing habits or goals must be exploited to shape behavior into a graded discovery of the contingency
  - much informal knowledge about animal behavior is hidden/ contained in shaping procedures
  - shaping illustrates that associations are NOT arbitrary: some things are easier to achieve than others in instrumental conditioning

## associative learning

# rote learning

- e.g., the learning of arbitrary lists of words or lists of associations
  - experimentally probed by free recall vs. cued recall (cued is easier)
- historically, the most typical human learning paradigm that was looked at with the methods of reinforcement learning
  - maybe because it is artificial and boring enough to turn of many of the most interesting forms of learning?

much schooling is based on this...

## sequence learning

- with origins in rote learning, but learning of sequences, e.g., telephone numbers...
- but contain an aspect that is really different from rote learning.. there are two aspects here:
  - what's in the sequence?
  - in which serial order are those items?

# example of sequence learning

### e.g., in a movement tracking task

a portion of the track repeats many times

while other portions do not repeat:

- performance becomes better on repeated part, not on unpredictable portions
- even though participant is not aware of the regularity (Pew, 1974)

# example of sequence learning

### e.g., in serial reaction time task

- making saccadic eye movements to targets that show up in new places in different frames in the presence of distractors
- a predictable sequence of targets leads to more shortening of reaction times than an unpredictable sequence, again independent of awareness of sequence...
- and even amnesiacs show this improvement across sessions, although each day they come to a session they think this is the first time they ever did this task...

# memory formation

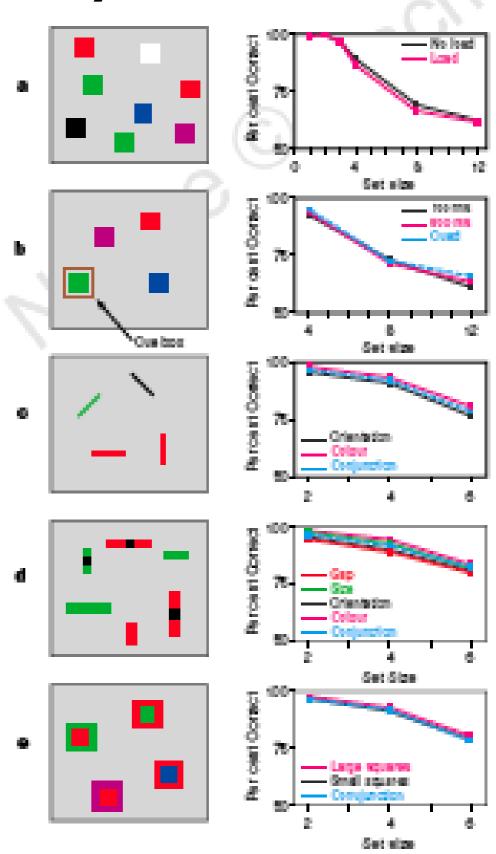
- short term... subject to interference and capacity limits
- e.g., phonological: speech is structured in time, so that to understand a sentence you need to keep recent sounds and words in mind...
  - phonological loop
  - has capacity limits

e.g., visual working memory

probes: change detection, free recall

limited capacity

object based



Luck, Vogel, 1997

#### e.g., motor memory

- remembering a limb position, reproducing a movement that had been done previously
- works even if initial position is changed
- works even when proprioception is eliminated (e.g., through a block)

### working memory is fundamental to our sense of reality

perception as a form of memory: scene representation

e.g., change blindness

### demonstration of change blindness



Credit: RA Rensink

http://www.usd.edu/psyc301/Rensink.htm

## LTM: long term memory

- less subject to interference and capacity limitation...
- traditionally thought to require longer processes of acquisition, with practice, rehearsal etc. => rote learning
- but single shot learning also leads to impressive retention!

### long-term memory from single views

Andrew Hollingworth, Univ. of Iowa:

participants look at 10 locations in a scene, doing this for as many as 300 scenes

http://www.psychology.uiowa.edu/faculty/hollingworth/





### long-term memory from single views

Iater (days or weeks later) they must do change detection tasks on

the identity of objects

and poses of objects

http://www.psychology.uiowa.edu/faculty/hollingworth/





### long-term memory from single views

very good performance!

http://www.psychology.uiowa.edu/faculty/hollingworth/

# skill learning

## learning motor skills

- e.g., learning to walk
- e.g., learning to ski, to surf, to play the piano, ...
- requires (a lot of) practice, effort, motivation
- requires sensory feedback
- does not necessarily require instruction

## learning cognitive skills

- e.g.,. learning Morse code
- e.g., learning to read and write
- e.g., learning a foreign language
- e.g., learning mathematics
- e.g., learning to write novels
- requires likewise a lot of effort, motivation, practice
- may not require instruction (although usually given)

### perceptual learning

### learning to discriminate

- e.g., learning to tell male from female chicklets
- e.g., learning to categorize shapes
- e.g., learning to discriminate the phonemes of a language

sometimes is relatively effortless (e.g., learning to recognize music), although influenced by tasks and improved by effort (e.g., learning sounds of a foreign language)

### learning categories, words, concepts

- development: acquiring language (and concepts) is clearly learning rather than maturation
- children learn words at an amazing rate, but actually need substantial experience for each word... they learn all the time...
  - they generalize, initially too much, then differentiate
- (many other aspects of development are also experience dependent
  - e.g., the concept of transparency depends on experience
  - e.g., motor experience drives skill

### learning categories, words, concepts

#### learning concepts

- e.g., furniture.. do curtains belong to that category? how about a clock? is a clock a typical piece of furniture (no because it may also be a part of clothing (wrist watch) and part of a building (church clock)...
- in other words: learning a concept also involves learning a lot of inner structure of the network of concepts
- in experiment: learning new categories affects discrimination
  - better across category boundaries than within (Goldstone)

# social learning: rich but hard to grasp

learning is social situations involves

🛋 teaching

imitation

peer learning

scaffolding

which affects

motivation, reward

exploration

enabling learning to obtain sensory feedback



## => Learning in DFT

memory trace

inhibitory memory trace

dynamic Hebb...

### Conclusion

learning as a different, if overlapping concept in different disciplines

psychology

neuroscience

applied mathematics

### applied mathematics

#### machine learning

- acquiring the capacity to classify, regress, or estimate from examples
- neuronal network learning
  - often used in that sense of machine learning, using neural networks as the substrate