# Motor control and muscles

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## What is entailed in generating an object-oriented movement?

- scene and object perception
- movement preparation
- movement initiation and termination
- movement timing and coordination
- motor control
- degree of freedom problem





## motor control

- how are forces generated that move effectors?
- by muscles, obviously...
- ... and by gravity
- and by inertia...

### motor control

posture of the elbow joint with the arm in horizontal position



## what about the elbow is "controlled"?

- the elbow does not behave like a passive mechanical system with a free joint at the elbow:  $J\ddot{\theta}=0$
- where J is inertial moment of forearm (if upper arm is held fixed)
- Instead, the elbow resists, when pushed => there is active control= stabilization of the joint





## the mass spring model

 Anatol Feldman has figured out, what the macroscopic description of this stabilization is



the invariant characteristic

## the mass-spring model

- this is an elastic force (because it is proportional to position)
- there is also a viscous component (resistance depends on joint velocity)

$$J\ddot{\theta} = \boxed{-k(\theta - \lambda) - \mu\dot{\theta}}$$

active torques generated by the muscle

## agonist-antagonist action

- one lambda per muscle
- tested on muscles detached at one end
- co-contraction controls stiffness



## stiffness

- the stiffness, k, can be measured from perturbations
- the viscosity "mu" is more difficult to determine



$$J\ddot{\theta} = -k(\theta \!-\! \lambda) \!-\! \mu \dot{\theta}$$

## neural basis of EP model: spinal reflex loops



 alphagamma reflex loop generates the stretch reflex

[Kandel, Schartz, Jessell, Fig. 37-11]

## spinal cord: reflex loops

#### the stretch reflex acts as a negative feedback loop



[Kandel, Schartz, Jessell, Fig. 31-12]

## spinal cord: coordination

Ia inhibitory interneuron mediates reciprocal innervation in stretch reflex, leading to automatic relaxation of antagonist on activation of agonist



[Kandel, Schartz, Jessell, Fig. 38-2]

## spinal cord: synergies

Renshaw cells produce recurrent inhibition, regulating total activation in local pool of muscles (synergy)



<sup>[</sup>Kandel, Schartz, Jessell, Fig. 38-3]

## Posture

muscle-joint systems have an equilibrium point during posture that is stable against transient perturbation



## Movement entails change of posture

that equilibrium point is shifted during movement so that after the movement, the postural state exists around a new combination of muscle lengths/joint configurations



## Movement entails change of posture

- most models account for movement in terms of generation of joint torques....
- => the shift of the EP is the single most overlooked fact in control models of movement generation



## Does the "motor command" specify force/torque?

no! Because the same descendent neural command generates different levels of force depending on the initial length of



## Virtual trajectory

- shifting the equilibrium point is necessary, but is it also sufficient?
- first answer: yes... simple ramp-like trajectories of the "r" command ("virtual trajectories") shift the equilibrium point smoothly in time...



## time continuous shift of the equilibrium point

during movement an external torque moves a joint to the target position

in the deafferented animal, the joint returns to the "virtual trajectory"





## Architecture



[Zibner, Tekülve, Schöner, ICDL 2015]

## Architecture

command done

Internal Velocity Profiles Trajectories  $T_3$ Т, angential velocity [cm/s] oosition x<sub>2</sub> [cm] time delay between "command' and movement broad implications for control position x1 [cm] time [s] **End-Effector Velocity Profiles** Internal and End-Effector Velocity Profiles for coordination angential velocity [cm/s] tangential velocity [cm/s] for sequential organization non-isomorphic control signals? time [s] time [s]

[Zibner, Tekülve, Schöner, ICDL 2015]

## Experimental data

#### [Ghafouri Feldman, 2001]



## Architecture: online updating



[Zibner, Tekülve, Schöner, ICDL 2015]

## Virtual trajectory

- This view of movement generation is "quasistatic": the effector "tracks" the attractor that is shifted by the virtual trajectory
- This seems to trivialize the "optimal control" problem = generating the right time course of motor commands so that the effector arrives at the target in the desired time with zero velocity (and has some desired smooth temporal shape).

## But

- is this simplification of movement generation as a "quasi-postural" system feasible for fast movements given the relatively soft muscles, the time delays involved in generating torque from muscles, etc. ?
  - the strong time delay between the command and the movement is a hint that this needs investigation

## Virtual trajectory

- uses a simplified version of the Gribble Ostry muscle model
- and examines the demands on virtual trajectories (r and c commands) to achieve realistic movement trajectories

## => Cora Hummert's master thesis



 $F = M[f_1 + f_2 \operatorname{atan}(f_3 + f_4 \dot{l})] + k(l - l_r)$ 

## **Biomechanical dynamics**

... standard...

bi-articulatory muscles make a proportional contribution

$$T = -H \cdot F$$

with H defined as

$$H = \frac{\partial l}{\partial \theta} = \begin{pmatrix} \frac{\partial l}{\partial \theta_1} & \frac{\partial l}{\partial \theta_2} \end{pmatrix}$$

$$\ddot{\theta} = I^{-1}(T - T_{ext} - C\dot{\theta})$$

$$x = \cos(\theta_1) \cdot l_1 + \cos(\theta_1 + \theta_2) \cdot l_2$$
$$y = \sin(\theta_1) \cdot l_1 + \sin(\theta_1 + \theta_2) \cdot l_2$$



$$l = c + c'\theta + c''\theta^2$$





reproduces Pilon, Feldmann 2006



ramps of "r" command produce realistic movement trajectories only if the cocontraction "c" command is just right



increasing the co-contraction command does not robustly speed up movement



the Latash "N-shape" of the r-command is capable of creating fast movements









#### n-shape crossing t<sub>1</sub> [s] **N-shape**



## interaction torques



### interaction torques



0.7

## inverse models

- in different places in work space where different inertial and interaction torques arise, the motor commands must be different to achieve realistic trajectories
- => kinetics must be taken into account

## Conclusion

muscle dynamics and biomechanical dynamics make that the optimal control problem cannot be entirely trivialized: appropriate space-time virtual trajectories are needed to generate realistic movement behavior